



Wood Smoke Education Resources

Below: A compilation of educational materials, produced by different organizations, with emphasis on the connection between lifestyle choices that involve burning wood and serious environmental and health issues generated by these lifestyle practices. A vegan lifestyle seeks to minimize harm to others or the environment. As part of my personal vegan journey, I practice a lifestyle that does not rely on wood burning for heat and/or refuse disposal, in recognition not only of the harm that smoke does to damage my own lungs, but also the health hazards imposed upon neighbours and wildlife (especially nesting birds), and the serious contribution that smoke makes to the greenhouse gases that are warming our atmosphere. Underlined items are hyperlinked to web sites.

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ARTICLES

1. [Air Quality Advisory – Open Burning Restrictions for Duncan, British Columbia](#) CTV News
2. [Air Pollution from Cars Affects Everyone](#) Jeff Masters PhD (*Wunderground*)
3. [Air Pollution Is Far Deadlier than Previously Thought](#) Jeff Masters PhD (*Wunderground*)
4. [Avoid Wood Smoke](#) Government of Canada
5. [Ban on Burning](#) Parksville News
6. [Biomass Combustion Harmful on Any Scale](#) Energy Justice Network
7. [Court Finds Wood Smoke Hazardous to Health](#) Environmental Health Association of Nova Scotia
8. [Fireplace Delusion](#) Sam Harris
9. [Fireworks Create Unhealthy Levels of Air Pollution](#) Jeff Masters PhD (*Wunderground*)
10. [Guide to Open Burning Smoke Control Regulation](#) BC Air Quality
11. [Health Effects of Residential Wood Smoke Particles: the Importance of Combustion Conditions and Physicochemical Particle Properties](#) Particle and Fibre Toxicology
12. [Health Effects of Wood Smoke](#) Environment and Human Health Inc.
13. [Health Effects of Wood Smoke](#) Washington State Department of Ecology
14. [Heating Your Home With Wood Is More Dangerous Than You Realise](#) Michael Mehta PhD
15. [Household Air Pollution and Health](#) World Health Organization
16. [How Wood Smoke Harms Your Health](#) Washington State Department of Ecology
17. [How You Can Help Stop Wood Smoke Pollution](#) Metro Vancouver
18. [If You Can, Avoid Burning Wood This Winter](#) Revelstoke Current
19. [Incentivising New Wood Stoves Isn't the Solution](#) Families for Clean Air
20. [Is Chronic Pulmonary Obstructive Disease Cause By Wood Smoke a Different Phenotype or a Different Entity?](#) Arch Bronconeumol.
21. [It's Time to Give Air Quality the Attention It Deserves](#) Bob Henson (*Wunderground*)
22. [It Is Time to Talk About Air](#) The Island Word
23. [Learn Before You Burn Wood](#) Maryland Department of Environment
24. [Lung Association Urges Tighter Control on Backyard Smoke](#) CBC News
25. [Myths and Facts](#) Families for Clean Air
26. [Natural, Yes, But Wood Smoke is Toxic Too](#) Deborah Schoch (*Fairwarning*)
27. [Neighbour Law](#) The Canadian Bar Association British Columbia *Scroll down to: **Second Hand Smoke***
28. [Open Burning](#) Sunshine Coast Clean Air Society
29. [Outdoor Burning: A Fresh Approach](#) (Presentation) *Clean Air on the Coast*
30. [Parksville Moves to Limit Wood Stoves](#) CBC News
31. [Particulate Matter Pollution](#) Wunderground
32. [Race to Understand Black Carbon's Climate Impact](#) Madeline Ostrander (Climate Central)
33. [Residential Wood Burning](#) British Columbia Lung Association
34. [Self Protection from Wood Smoke and Fine Particulate](#) Burning Issues
35. [Smoke and Ash Inhalation from Wildfires](#) Kyla Young (Science Education Resource Center at Carlton College)
36. [Smoke and Burning](#) BC Air Quality
37. [Smoke from Wood Fireplaces, Stoves Raises Health Concerns](#) Cheryl Katz (Environmental Health News)
38. [Smoke Gets in Your Eyes and Lungs, and...](#) Harriet Ammann PhD
39. [That Cozy Fire Could Be Hazardous to Your Health](#) Cleveland Clinic
40. [Utah Physicians Give 17 Reasons to Ban Burning Wood](#) Environment and Human Health Inc.
41. [What Are the Medical Effects of Exposure to Smoke Particles?](#) Burning Issues
42. [Where There's Smoke, There Are More Heart Attacks](#) BC Local News
43. [Where There's Smoke, There's Respiratory Risk](#) Dane Wanniarachige (Canadian Medical Association)

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44. [Why Your Neighbour's Smoke is Killing You](#) Families for Clean Air
 45. [Wood Burning Emissions Threaten Lung Health](#) American Lung Association
 46. [Wood Burning Heating Devices Could Pose Serious Health Risks](#) MPR News
 47. [Wood Fires Can Harm the Youngest Lungs](#) Ed Edeslon (*Medicinet*)
 48. [Wood Heating](#) Lung Association of Quebec
 49. [Wood Smoke and the Atmospheric Commons](#) Michael Mehta PhD
 50. [Wood Smoke and Your Health](#) Forsyth County
 51. [Wood Smoke and Your Health](#) US Environmental Protection Agency
 52. [Wood Smoke Associated COPD Underappreciated in the United States](#) *American Journal of Respiratory and Critical Care Medicine*
 53. [Wood Smoke COPD](#) *European Respiratory Journal*
 54. [Wood Smoke Exposure and the Risk of Chronic Obstructive Pulmonary Disease](#) *European Respiratory Journal*
 55. [Wood Smoke, Forest Fires, and PM2.5 in British Columbia](#) *BC Medical Journal*
 56. [Wood Smoke Health Effects: A Review](#) *Inhalation Toxicology*
 57. [Wood Smoke Increases Heart Attack Risk in BC Seniors](#) Tide Change
 58. [Wood Smoke Linked to COPD and Asthma](#) John Bottrell (*Health Central*)
 59. [Wood Smoke Under Fire in BC](#) Erin Ellis (Vancouver Sun)
 60. [Wood Smoke Wafts Up Health Concerns](#) Scientific American
 61. [Wood Stoves and Fireplaces](#) Benton Clean Air Agency

ARTICLE ARCHIVES

1. [Residents Against Wood Smoke](#)

FLYERS

1. [How Smoke from Fires Can Affect Your Health](#) AirNow
2. [Wood Smoke and Your Health](#) Forsyth County

MONITORING DEVICES

1. [Purple Air](#)

REPORTS

1. [Inventory of Air Quality Bylaws in British Columbia](#) BC Air Quality
2. [North American Studies on the Health Effects of Wood Smoke](#) Mendocino County
3. [Regulatory Impact Analysis \(RIA\) for Residential Wood Heaters NSPS Revision](#) *US Environmental Protection Agency*
4. [Residential Heating with Wood and Coal: Health Impacts and Policy Options](#) *World Health Organization*
5. [Review of Open Burning Bylaws on Vancouver Island](#) Port Alberni Air Quality Council
6. [Table of Common Air Pollutants](#) BC Air Quality
7. [Wood Smoke Health Effects: A Review](#) *Inhalation Toxicology*



VIDEOS

1. [Wood Smoke Pollution and Your Health](#) (6 min.)

WEB SITES

2. [Breathe Clean Air Comox Valley](#)
3. [Burning Issues](#)
4. [Doctors and Scientists Against Wood Smoke Pollution](#)
5. [Environment and Human Health Inc.](#)
6. [Gabriola Clean Air Society](#)
7. [Mobile Air Monitoring Laboratory](#) BC Air Quality
8. [Neighbourly Notification Program](#) Clean Air on the Coast (Sunshine Coast British Columbia)
9. [Only Clean Air: Helping to End Wood Smoke Pollution](#)
10. [Proposed Changes to the Open Burning Smoke Control Regulation British Columbia](#)
11. [Smoked Out BC](#)
12. [Utah Physicians for a Healthy Environment](#)
13. [Wood Burner Smoke](#)
14. [Wood Smoke Initiatives](#) British Columbia Lung Association