

# VEGAN MARKET PLACE:

## PRODUCTS AND SERVICES THAT SUPPORT A VEGAN LIFESTYLE IN VICTORIA, BRITISH COLUMBIA, CANADA

The list below is not a complete representation of businesses that serve vegan lifestyle needs. Some of the listings are local (i.e., Victoria, BC); some are by mail order. We are open to receiving suggestions of businesses that could be added to our list. We prefer to list businesses that are owned by vegans, who care about animals. Non-vegan businesses are listed where they contain unique products of particular interest to vegans. Note: We do not list, and will remove from our list, farms of which we have been made aware that kill wildlife.

<b>CATEGORY (Product/Service)</b>	<b>Business Name</b>	<b>Comment</b>
Art	<a href="#">Fiery Cauldron</a>	
Art and Craft Supplies	<a href="#">Colours of Nature</a>	Toronto mail order art supplies.
Art and Craft Supplies	<a href="#">Vegan Yarn Store</a>	United Kingdom mail order
Bedding – Organic	<a href="#">Dream Designs</a>	Vancouver, BC
Bedding – Organic	<a href="#">The Good Planet</a>	
Children	<a href="#">Vegan Children's Books</a>	Mail Order books by Maritza Oliver
Cleaning Products – All Purpose	<a href="#">Gentle Earth Natural Essentials</a>	
Cleaning Products - Laundry	<a href="#">Clean Conscience</a>	Alberta
Cleaning Products - Laundry	<a href="#">Envirofresh Laundry Powder</a>	
Cleaning Products - Laundry	<a href="#">Live for Tomorrow</a>	
Cleaning Products - Laundry	<a href="#">Nature Clean Laundry</a>	
Cleaning Products Supplier	<a href="#">Soap Exchange</a>	
Clothing -	<a href="#">Herbivore Clothing Company</a>	Mail Order (Oregon)
Clothing -	<a href="#">Vegan Police Shop</a>	Mail Order (British Columbia)
Clothing -	<a href="#">Yala Designs</a>	American Mail Order
Clothing - Accessories	<a href="#">Matt &amp; Nat</a>	Montreal Mail Order
Clothing - Accessories	<a href="#">Tamaz Leaf Leather</a>	Vancouver
Clothing - Accessories	<a href="#">Troll Brothers Quilt Designs</a> (Stacie Wilson)	Cobble Hill (vegan cork textile products – wallets, purses, etc.)
Clothing – Hemp	<a href="#">Jung Maven</a>	Mail Order (Seattle)
Clothing – Organic	<a href="#">BGreen Apparel</a>	Mail Order (California)
Clothing – Organic	<a href="#">Bleed Clothing</a>	Mail Order (Germany)
Clothing – Organic	<a href="#">Blue Canoe</a>	American mail order
Clothing – Organic	<a href="#">Dream Designs</a>	Vancouver, BC
Clothing – Organic	<a href="#">Efforts Hempwear</a>	Canadian mail order – Ontario
Clothing – Organic	<a href="#">Faeries Dance</a>	Oregon
Clothing – Organic	<a href="#">Hemp &amp; Co.</a>	
Clothing – Organic	<a href="#">Indigenous</a>	American mail order
Clothing – Organic	<a href="#">LiveEco</a>	Canadian mail order – Ontario
Clothing – Organic	<a href="#">Maggies' Organics</a>	American mail order
Clothing – Organic	<a href="#">Nature Wear Organics</a>	American mail order
Clothing – Organic	<a href="#">Organic Apparel Shop</a>	Canadian mail order – Quebec
Clothing – Organic	<a href="#">Rawganique</a>	Denman Island, BC – owned by Americans who deal with \$USA currency
Clothing – Organic	<a href="#">Respecterre</a>	Canadian mail order - Quebec
Clothing – Organic	<a href="#">The Organic Cotton Company</a>	Canadian mail order – Ontario
Clothing – Organic	<a href="#">Wear Pact</a>	American mail order
Clothing – Shoes	<a href="#">Avesu Shoes</a>	European mail order
Clothing – Shoes	<a href="#">Colourful Grass</a>	Ladysmith, BC
Clothing – Shoes	<a href="#">Friendship Shoes</a>	England mail order
Clothing – Shoes	<a href="#">Fugu Shoes</a>	Online mail order – Unknown/Japan?
Clothing – Shoes	<a href="#">Italian Vegan Shoes</a>	German mail order
Clothing – Shoes	<a href="#">Love Is Mighty</a>	USA mail order
Clothing – Shoes	<a href="#">Moo Shoes</a>	USA mail order
Clothing – Shoes	<a href="#">Neuaura</a>	online
Clothing – Shoes	<a href="#">Nice Shoes</a>	Vancouver, BC
Clothing – Shoes	<a href="#">Unstitched Utilities</a>	American mail order

Clothing – Shoes	<a href="#">Vegan Chick</a>	American mail order
Clothing – Shoes	<a href="#">Vegan Essentials</a>	American mail order
Clothing – Shoes	<a href="#">Will's London</a>	UK mail order
Clothing – Shoes – Dance	<a href="#">Cynthia King Vegan Ballet Slippers</a>	USA mail order
Clothing – Shoes – Dance	<a href="#">Taygra Dance Shoes</a>	Brazilian mail order
Clothing – Vegan	<a href="#">Amanda Jay</a>	Clothing and Accessories --in Victoria, BC, and Mail Order
Clothing – Vegan	<a href="#">Peace People</a>	Canadian Mail Order
Clothing – Vegan	<a href="#">Plant Active Wear</a>	Vancouver Mail Order
Clothing – Vegan	<a href="#">Tantamount Apparel</a>	Vancouver Mail Order
Cooking classes – Raw Vegan	<a href="#">Rawthentic Eatery</a>	
Cooking classes – SOS-free Vegan	<a href="#">IQBrite</a>	
Cosmetics – Lip Balms	<a href="#">Epic Blend</a>	
Cosmetics – Lip Balms and Colours	<a href="#">Crazy Rumors</a>	
Cosmetics – Shampoo	<a href="#">Curelle</a>	
Cosmetics – Shampoo	<a href="#">DermaMed</a>	Canadian mail order – Vancouver
Cosmetics – Shampoo	<a href="#">Sensibility</a>	
Cosmetics – Shampoo	<a href="#">Sukin</a>	
Cosmetics – Skin Lotion	<a href="#">Sea Flora Wild Organic Seaweed Skin Care</a>	
Cosmetics – Skin Lotion	<a href="#">Sensibility</a>	
Cosmetics – Soap	<a href="#">Dr. Bonner's ALL ONE</a>	
Cosmetics – Soap	<a href="#">Nature Clean Soap</a>	
Cosmetics – Toothpaste	<a href="#">Auomere</a>	
Cosmetics – Toothpaste	<a href="#">Tom's of Main</a>	
Dietary Supplements - Vegan	<a href="#">Dr. Fuhrman</a>	
Dietary Supplements - Vegan	<a href="#">Nedley Health Solutions</a>	
Dietary Supplements - Vegan	<a href="#">Nova Vegan Probiotics</a>	
Dietician	<a href="#">Brenda Davis RD</a>	Kelowna, BC
Dietician	<a href="#">Vesanto Melina RD</a>	Langley, BC
Farm – Organic	<a href="#">Haliburton Community Organic Farm</a>	
Farm – Organic	<a href="#">Madrona Farm</a>	
Farm – Organic	<a href="#">Northstar Organics</a>	
Farm – Organic	<a href="#">Square Root Farm</a>	
Farm – Organic	<a href="#">Umi Nami Farm</a>	Metchosin, BC
Farm – Organic – Blueberries	<a href="#">Blue Harvest Farm</a>	Ladysmith, BC
Farm – Organic – Dates	<a href="#">The Date People</a>	California
Farm – Organic – Greens	<a href="#">Bright Greens</a>	
Farm – Organic – Mushrooms	<a href="#">Asia Pacific Farm Enterprises Inc</a>	Aldergrove, BC
Farm – Organic – Mushrooms	<a href="#">Coast Mushroom Tech Ltd.</a>	Surrey, BC
Farm – Organic – Mushrooms/Sprouts	<a href="#">Saltspring Sprouts &amp; Mushrooms</a>	Saltspring Island, BC
Farm – Veganic	<a href="#">Brightside Blueberries</a>	Duncan, BC
Food – Bakery	<a href="#">Fern Cafe &amp; Bakery</a>	
Food – Bakery	<a href="#">Freedom Foods Bakery</a>	
Food – Cheese	<a href="#">Black Sheep Vegan Cheeze</a>	Armstrong, BC
Food – Cheese	<a href="#">Blue Heron Cheese</a>	Vancouver, BC
Food – Cheese	<a href="#">Cultured Nut</a>	
Food – Chefs – Raw Vegan	<a href="#">Pachavega</a>	Alberta
Food – Chocolate	<a href="#">Giddy YoYo</a>	Orangeville, Ontario. Mail Order.
Food – Chocolate	<a href="#">Pure Lovin' Chocolate</a>	Artisan chocolates
Food – Ferments	<a href="#">Wilde Fermentations</a>	Sooke, BC. Breads and fermented vegetables. <a href="mailto:jen@wildfermentations.ca">jen@wildfermentations.ca</a> 250-896-4012
Food – Grains	<a href="#">Lotus Foods</a>	Fair Trade, Organic Online Rice Distributor
Food – Grains	<a href="#">Pleasant Hill Grain</a>	USA Grain and Appliance Mail Order
Food – Grains – Veganic	<a href="#">One Degree Organics</a>	Abbotsford, BC. Breads, tortillas, flours and cereals, some of which are veganically grown.
Food – Groceries – Mail Order	<a href="#">Vegan Supply</a>	Vancouver, BC. Mail Order.

Food – Groceries – Organic Produce	<a href="#">Ingredients Health Food and Apple Cafe</a>	Not a vegan grocer.
Food – Groceries – Organic Produce	<a href="#">Lifestyle Markets</a>	Not a vegan grocer, but most produce is certified organic, some local.
Food – Groceries – Organic Produce	<a href="#">Moss Street Market</a>	
Food – Groceries – Organic Produce	<a href="#">Planet Organic</a>	Not a vegan grocer, but all produce is certified organic. Produce department will order special requests. Ask for Dayman, produce manager.
Food – Groceries – Organic Produce	<a href="#">Rawthentic Eatery</a>	Selection of organic berries, nuts, herbs and spices.
Food – Groceries – Specialty Foods	<a href="#">Fig Delicatessen</a>	Not a vegan grocer, but they sell a selection of products of interest to vegans (figs, dates, dried legumes, nuts, dried fruit, olives, olive oils, vinegars, pomegranate extract, gluten-free pastas, flat breads, herbs, spices, teas)
Food – Health Foods – Mail Order	<a href="#">Healthy Eating</a>	American mail order
Food – Health Foods – Mail Order	<a href="#">Organic Matters</a>	Nelson, BC. Mail order – raw vegan foods
Food – Health Foods – Mail Order	<a href="#">Real Raw Food</a>	Naramata, BC. Mail order – raw vegan foods
Food – Health Foods – Mail Order	<a href="#">Upaya Naturals</a>	Ontario mail order – raw vegan foods and kitchen equipment
Food – Honey	<a href="#">Bumble Boom</a>	Canadian Mail Order
Food – Ice Cream	<a href="#">Amai Coco Creme</a>	Canadian Coco Creme Wholesaler
Food – Ice Cream	<a href="#">Nice Vice Cream</a>	Vancouver, BC. Vegan Ice Cream
Food – Miso	<a href="#">Feeding Change</a>	
Food – Miso	<a href="#">Mitoku</a>	
Food – Miso	<a href="#">South River</a>	
Food – Nut Butters	<a href="#">Nut Valley</a>	Comox, BC
Food – Nuts and Seeds	<a href="#">Nut Hut</a>	Organic raw and sprouted nuts and seeds, shipped from Vancouver, BC.
Food – Nuts and Seeds	<a href="#">Terrasoul Superfoods</a>	USA Mail Order
Food – Organic -- Processed	<a href="#">Eden Foods</a>	USA Mail Order
Food – Snacks	<a href="#">Bandwagon Food Truck</a>	Courtenay, BC
Food – Snacks	<a href="#">Dad's West Coast Awesome Sauces</a>	
Food – Snacks	<a href="#">Ergogenics</a>	Vancouver processed foods
Food – Snacks	<a href="#">Fairy Cakes Cupcakes</a>	Vancouver
Food – Snacks	<a href="#">Freedom Foods</a>	
Food – Snacks	<a href="#">The Divine Sprout</a>	
Food – Snacks	<a href="#">The Vegan Bite</a>	
Food – Soy Milk	<a href="#">So Nice</a>	
Food – Tea	<a href="#">Silk Road</a>	Organic teas
Food – Tea	<a href="#">Tea Farm</a>	Organic teas grown in the Cowichan Valley (Vancouver Island)
Food – Tofu	<a href="#">Green Cuisine</a>	
Food – Tofu	<a href="#">Soya Nova</a>	Saltspring Island
Food – Tofu	<a href="#">Soyganic</a>	by Sunrise Foods
Food – Tortilla Wraps	<a href="#">Ezekiel Sprouted Whole Grain Tortillas</a>	
Food – Wine and Vinegar	<a href="#">Venturi Schulze Vineyards</a>	Cobble Hill, BC Not a vegan farm; however no animal products are used in the production of their wines and vinegars, including the fining processes or in the soils on which the grapes are grown.
Food – Yogurt	<a href="#">Yosu</a>	
Furniture	<a href="#">Lilin Japanese Interior Shoji Tatami Room Factory</a>	Burnaby, BC
Furniture	<a href="#">Murphy Wall Beds</a>	Great solutions for small spaces.
Furniture	<a href="#">Tatami Imports</a>	Toronto, Ontario Tatami mats and accessories
Hair Salon	<a href="#">Evolve Hair Studio</a>	Offers vegan hair styling products
Jewelry	<a href="#">Twisted Fern Designs</a>	Sidney, BC

Kitchen Equipment	<a href="#">Discount Juicers</a>	American mail order
Kitchen Equipment	<a href="#">Green Health Canada</a>	Canadian mail order
Kitchen Equipment	<a href="#">Hallelujah Acres</a>	American mail order
Kitchen Equipment	<a href="#">Healthy Kitchens</a>	Canadian mail order
Kitchen Equipment	<a href="#">Juicers4Life</a>	Canadian mail order
Kitchen Equipment	<a href="#">Pleasant Hill Grain</a>	USA Grain and Appliance Mail Order
Kitchen Equipment	<a href="#">Tribest</a>	American mail order
Kitchen Equipment	<a href="#">Vitamix</a>	American mail order
Market Guides -	<a href="#">Chic Vegan</a>	
Market Guides -	<a href="#">Earthsave Canada</a>	Vancouver Veg Directory
Market Guides -	<a href="#">PCRM Humane Companies</a>	cruelty-free products
Market Guides -	<a href="#">PETA Cruelty-Free Shopping Guides</a>	
Market Guides -	<a href="#">Shoppers Guide to Leather Alternatives</a>	
Market Guides -	<a href="#">Veg Coast</a>	Vancouver Vegan Food and Culture Guide
Market Guides -	<a href="#">Vegan Truth Blog Compilation of Global Vegan-owned Businesses</a>	
Market Guides - Charities	<a href="#">PCRM Humane Charities</a>	cruelty-free charities
Market Guides - Clothing	<a href="#">Eco-Friendly Clothing Directory</a>	
Market Guides - Clothing	<a href="#">Gary Francione's Vegan Clothing Directory</a>	
Market Guides - Clothing	<a href="#">Green American</a>	Organic Cotton Guide
Market Guides - Clothing	<a href="#">Greenpeace Detoxification page</a>	
Market Guides - Clothing	<a href="#">PETA Animals Used for Clothing</a>	
Market Guides - Cosmetics	<a href="#">Leaping Bunny</a>	
Market Guides - Electronics	<a href="#">Greenpeace Guide to Greener Electronics</a>	
Market Guides - Fashion	<a href="#">Ecouterre</a>	vegan fashion guide
Market Guides - Fashion	<a href="#">LA Fashionista Compassionista</a>	vegan fashion magazine
Market Guides – Food Ingredients	<a href="#">PETA Animal Ingredients List</a>	
Market Guides - Household	<a href="#">Reduce Footprints Product Reviews</a>	household product reviews
Market Guides – Produce	<a href="#">100 Mile Diet – Vancouver Island Food</a>	
Market Guides – Raw Food	<a href="#">Raw Food Planet</a>	raw food guide
Market Guides - Textiles	<a href="#">FashionDex</a>	
Market Guides - Textiles	<a href="#">Green People</a>	Organic Textile and Clothing Guide
Market Guides - Textiles	<a href="#">Mother Earth Living</a>	
Market Guides – Vegan Shoes	<a href="#">To Happy Vegans Listing of European Vegan Shoe Suppliers</a>	Some of these suppliers offer mail order.
Meditation	<a href="#">Beautiful Earth Association</a>	<a href="mailto:Bea@BeautifulEarth.org">Bea@BeautifulEarth.org</a> 250-652-7020
Music and Art	<a href="#">Karuna Music and Art</a>	Will Tuttle (pianist) and Madeleine Tuttle (artist)
Psychiatrist	<a href="#">Walter Jacobson MD</a>	California. <i>Inquire about phone services.</i>
Publishers - Books	<a href="#">Vegan Heritage Press</a>	
Publishers - Books	<a href="#">Vegan Publishers</a>	New book publishing company, accepting submissions for themes compatible with the vegan movement.
Restaurants – Juice	<a href="#">Jusu Bar</a>	
Restaurants – Mexican	<a href="#">Diablo's Vegan Tacos</a>	
Restaurants – Vegan	<a href="#">Cafe La Vie</a>	Duncan, BC
Restaurants – Vegan	<a href="#">Green Cuisine</a>	
Restaurants – Vegan	<a href="#">Lotus Seed</a>	Vancouver, BC
Restaurants – Vegan	<a href="#">Meet</a>	Vancouver, BC
Restaurants – Vegan	<a href="#">Morningside Bakery</a>	Saltspring Island, BC, and online distributor of <a href="#">Miyoko's Cheese</a>
Restaurants – Vegan Buddhist	<a href="#">Lotus Pond</a>	
Restaurants – Vegan Butcher	<a href="#">The Very Good Butchers</a>	
Restaurants – Vegan Raw	<a href="#">Cafe Bliss</a>	
Restaurants – Vegan Raw	<a href="#">Powerhouse Living Foods</a>	Vancouver Island
Restaurants – Vegan Raw	<a href="#">Rawthentic Eatery</a>	
Restaurants –	<a href="#">Be Love</a>	Not a vegan restaurant, but has vegan selections.
Restaurants –	<a href="#">Blue Nile East African Restaurant</a>	Not a vegan restaurant, but has wonderful vegan selections.

Restaurants –	<a href="#">Duncan Garage Cafe &amp; Bakery</a>	Duncan, BC. Not a vegan restaurant, but has vegan selections.
Restaurants –	<a href="#">Rebar</a>	Not a vegan restaurant, but has vegan selections, including fresh juices and smoothies.
Restaurants –	<a href="#">Veggie Bob's Kitchen</a>	Fort Langley, BC. Not a vegan restaurant, but has vegan selections.
Stores – Online	<a href="#">Fair Square</a>	Canadian Mail Order
Stores – Online	<a href="#">Roots of Compassion</a>	German Mail Order
Stores – Online	<a href="#">Un Monde Vegan</a>	French Mail Order
Stores – Online	<a href="#">Vegan Essentials</a>	American Mail Order
Stores – Online	<a href="#">Vegan Store</a>	American Mail Order
Textiles – Organic - Bamboo	<a href="#">Oecotextiles</a>	American Mail Order
Textiles – Organic - Hemp	<a href="#">Enviro Textiles LLC</a>	American Mail Order
Travel – Vegan B&B	<a href="#">Banyan Tree Sanctuary</a>	Hawai'i
Travel – Vegan B&B	<a href="#">Kindred Spirits House Sit or Swap</a>	Worldwide vegan house sitting and swapping network
Travel – Vegan B&B	<a href="#">PieBird B&amp;B</a>	Nipissing, Ontario
Travel – Vegan B&B	<a href="#">Shady Grove Farm</a>	Talent, Oregon
Travel – Vegan B&B	<a href="#">Sleepy Cow B&amp;B</a>	St. Catherines, Ontario
Travel – Vegan Inn	<a href="#">Stanford Inn</a>	California
Yoga – Vegan	<a href="#">Jivamukti Yoga</a>	New York
Yoga – Vegan	<a href="#">World Peace Yoga</a>	Cincinnati
Yoga Retreat – Vegan	<a href="#">Jubilee Peace Fest</a>	Cincinnati