

# Environmental Education Resources

**Below:** A compilation of educational materials, produced by different organizations, with emphasis on the connection between our food and lifestyle choices and many of the world's pressing environmental issues. Underlined items are hyperlinked to web sites.

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# CLIMATE

## ARTICLES

1. [10 Shocking Environmental Facts](#) One Green Planet
2. [21,000 Scientists Want You to Ditch Meat for the Planet](#) Charlotte Pointing
3. [Animal Agriculture is Choking the Earth and Making Us Sick](#) James and Suzy Cameron (The Guardian)
4. [Animal Agriculture is the Leading Cause of Climate Change – A White Paper](#) Sailesh Rao PhD
5. [Are We Witnessing Abrupt Climate Change?](#) Paul Mahoney
6. [As Beef Comes Under Fire for Climate Impacts, the Industry Fights Back](#) Georgia Gustin (Inside Climate News)
7. [Calling All Vegan Climate Scientists?](#) James McWilliams
8. [Carbon Dioxide Set An All-time Monthly High](#) Brian Kahn (Climate Central)
9. [China's Plan to Cut Meat Consumption by 50%](#) Oliver Milman (The Guardian)
10. [Chris Hedges – I've Gone Vegan to Try to Help Save the Planet](#) All-Creatures.Org
11. [\\*Climate-induced Forest Dieback](#) Craig Allen
12. [Climate Code and Consciousness](#) Shelley Ostroff PhD
13. [Climate Plan](#) Sam Carana (Arctic News Blog)
14. [Coral Bleaching](#) Johnny Langenheim (The Guardian)
15. [Despite Rebranding, Cows Can't Save the Climate](#) Jessica Scott-Reid (Planet Friendly News)
16. [Dramatic Arctic Sea Ice Melt: Interview with Dr. Greg Flato](#) Supreme Master TV
17. [Eat Less Meat to Avoid Dangerous Global Warming](#) Fiona Harvey (The Guardian)
18. [Electric Cars Aren't Enough](#) Tracey Reiman (The Huffington Post)
19. [Diet, Energy and Global Warming](#) Gidon Eshel PhD and Pamela Marin PhD
20. [Ditch Meat to Save the Planet](#) NBC News
21. [Eat Less Meat to Prevent Climate Disaster](#) The Guardian
22. [Fear of Flying](#) Yale Climate Connections
23. [Fight Climate Change by Going Vegan](#) PETA
24. [Five Ways Factory Farming Creates Air Pollution](#) One Green Planet
25. [Germany's Environment Minister Says No More Meat at Official Functions](#) Katherine Martinko (Tree Hugger)
26. [Giving Up Beef Will Reduce Carbon Footprint More Than Cars](#) The Guardian
27. [Global Meat Consumption Linked to Antarctic Ice Melt](#) Jemima Webber
28. [Go Solar, or Go Vegan?](#) James O'Donovan (Ed.) (Vegan Sustainability Magazine)
29. [Go Vegan – Save the Planet](#) George C. Wang (CNN)
30. [Going Vegan Is the Best Thing You Can Do for the Planet](#) Joe Loria (Ecowatch)
31. [Going Vegan – Lessen Your Environmental Impact](#) The Mindful Word
32. [Grass-Fed Beef is Heating the Planet](#) Janice Stanger PhD
33. [Grass-Fed Beef May Be One of the Worst Contributors to Global Warming](#) Christof Putzel (Al Jazeera News)
34. [Great Flood](#) Chris Hedges (TruthDig)
35. [Heat Makes It Too Hot for Africa's Wild Dogs to Hunt](#) Damian Carrington (The Guardian)
36. [Hidden Cost of Hamburger is Greater than Reported](#) Earth Island Journal
37. [How Going Vegan Helps Stop Climate Change](#) PETA
38. [How Meat Contributes to Global Warming](#) Scientific American
39. [How Much Your Meat Addiction is Hurting the Planet](#) Washington Post
40. [How You and I Can Save the World](#) Michael Mountain
41. [Huge Reduction in Meat-Eating 'Essential' to Avoid Climate Breakdown](#) Damian Carrington (The Guardian)

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42. [Humans are Becoming More Carnivorous – Study Reveals a Shift Toward Animal-based Diet A Bad Omen For the Environment](#) Scientific American
  43. [If We Want to Stop Climate Change, Now is the Moment of Reckoning for How We Use the Planet](#) Justin Worland (Time)
  44. [Ignoring Food Choices – Once Again](#) Keith Akers
  45. [Is 'Regenerative Grazing' the new 'Clean Coal'?](#) Paul Mahony (Planetary Vegan 2012-2020)
  46. [\\*Is Your Internet Use Destroying the Planet?](#) Emily Glass (One Green Planet)
  47. [Organic – A Climate Saviour?](#) FoodWatch
  48. [Lamb, beef, and cheese have largest footprint](#) The Ecologist
  49. [Leading Cause of Everything: One Industry that is Destroying Our Planet and Our Ability to Thrive On It](#) Christopher Hyner (Georgetown Environmental Law Review)
  50. [Lifting Livestock's Long Shadow](#) Nature Climate Change
  51. [Livestock and Climate Change](#) Worldwatch
  52. [Local Food or Less Meat?](#) Harvard Business Review Blog
  53. [Meat Is Heat: Effects of Diet on Global Warming](#) Michael Greger MD
  54. [Meat Makes the Planet Thirsty](#) James McWilliams
  55. [Meat's Carbon Hoofprint](#) Barry Brook and Geoff Russell
  56. [Meat's Contribution to Global Warming](#) Der Spiegel
  57. [Myth of Sustainable Meat](#) New York Times
  58. [Natural Solutions to Our Crisis](#) Radio Ecoshock
  59. [Photos Show Plight of Starving Polar Bears in the Arctic](#) Katie Jones (The Weather Network)
  60. [Politicians in Denmark Are Going Vegan to Tackle Climate Change](#) Nicole Morley (Metro News)
  61. [Politicians Urged to Highlight Vegan Diets as They Tackle Climate Crisis](#) Maria Chiorando
  62. [Race to Understand Black Carbon's Climate Impact](#) Madeline Ostrander (Climate Central)
  63. [Radical Collective Intelligence](#) (108 min.) Jamen Shively interviewed by Sailesh Rao PhD
  64. [Reforestation is Essential to Deal With Climate Change](#) Keith Akers
  65. [Rethinking the American Diet](#) Radcliff Magazine
  66. [Saving the Planet – One Meal at a Time](#) Chris Hedges
  67. [\\*Scientific Consensus: Earth's Climate is Warming](#) California Institute of Technology
  68. [Scientists Warn that World Will Reach Peak Meat by 2030](#) Anna Starostinetskaya
  69. [Students Try to Create the Next Fake Meat](#) Yale Climate Connections
  70. [Studies Show Link Between Red Meat and Climate](#) Change Bobby Magill (Climate Central)
  71. [\\*Surprising Environmental Impact of the Internet](#) Green Forward News
  72. [Time to Take a Lead on the Climate Emergency](#) Emma Hurst (Independent Australia)
  73. [\\*Trees, Forests and Water: Cool Insights for a Hot World](#) David Ellison et. al (Global Environmental Change)
  74. [UCS posts strange review of Cowspiracy— no, wait, a review of “Livestock and Climate Change”](#) Keith Akers
  75. [UN Urges Move to Meat and Dairy Free Diet](#) The Guardian
  76. [Uninhabitable Earth: Review](#) Keith Akers
  77. [Vegan Diet Mitigates Global Climate Change](#) Sarah Bryant (Cornell Alliance for Science)
  78. [Vegan Diets Healthier for Planet/People than Meat Diets](#) University of Chicago News
  79. [Want to Have a Real Impact on Climate Change?](#) Travis McNight (The Guardian)
  80. [We Can't Fight Climate Change If We Keep Lying to Ourselves](#) Chris Hedges (Truth Dig)
  81. [We Must Transform Food Production to Save the World](#) Robin McKie (The Guardian)
  82. [What if the Whole World Went Vegan?](#) Sarah DeWeerd (University of Washington Conservation Magazine)
  83. [Why Aren't More Climate Activists Vegan?](#) Chris Lang
  84. [Why Aren't We Talking About Meat and Climate Change?](#) Judith Friedlander
  85. [Why Become a Climate Vegan?](#) Climate Vegan

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86. [Why Going Vegan is the Greatest Thing You Can Do to Fight Global Warming](#) Sophia Cancelmo
  87. [World Calls for Strong Climate Action](#) Supreme Master TV
  88. [\\*Youtube Still Monetizing, Promoting Climate Science Denial](#) Dana Drugman (DeSmog)

## **ARTICLE ARCHIVES**

1. [\\*Climate Capitalists](#) (Winter Oak)
2. [Climate Healers](#)
3. [Robert Goodman](#)
4. [Vegan Sustainability Magazine](#)

## **BOOKLETS**

1. [Low Emission Diet: Eating for a Safe Climate](#) Paul Mahoney

## **BOOKS**

1. [Carbon Dharma – The Occupation of Butterflies](#) Sailesh Rao PhD (*Free E-Book*)
2. [Carbon Yoga – The Vegan Metamorphosis](#) Sailesh Rao PhD (*Free E-Book*)
3. [From Crisis to Peace](#) Supreme Master Ching Hai (*Free E-Book*)
4. [\\*Unprecedented Crime: Climate Science Denial and Game Changers for Survival](#) Peter Carter MD and Elizabeth Woodworth

## **DVDS for Purchase**

1. [Planeat](#)

## **FLYERS**

1. [Another Inconvenient Truth](#)

## **GRAPHICS**

1. [Animal Agriculture as Climate Killer](#)
2. [Veganism and the Environment – By the Numbers](#)

## **PODCAST ARCHIVES**

1. [Eat for the Planet](#) Nil Zacharias (One Green Planet)

## **REPORTS**

1. [Livestock – Climate Change's Forgotten Sector](#) 2014. The Royal Institute for International Affairs
2. [Livestock's Long Shadow](#) 2006. United Nations Food and Agriculture Organization
3. [Organic – A Climate Saviour?](#) 2009. Foodwatch
4. [Reversing Meat-Eating Culture to Combat Climate Change](#) 2012. World Preservation Foundation

## **VIDEOS**


1. [Animal Agriculture and Climate Change](#) Bhuvan Kalra (27 min.)
2. [Animal Agriculture – The Facts](#) (5 min.)
3. [Antarctica – A Bell Ringer of Climate Change](#) (25 min.) Dr. Chia-Fu Chou PhD (SupremeMasterTV)
4. [Arctic Sea Ice Hits Record Low](#) Nick Clark (3 min.)



5. [Assault of the Animal Agriculture Industry](#) (26 min.) Chris Hedges interviews Kip Andersen and Keegan Kuhn
6. [Carbon Yoga](#) (33 min.) Sailesh Rao PhD
7. [Chomp Climate Change](#) (3 min.)
8. [Climate Change? Go Vegan](#) (3 min.)
9. [Cooling the Planet](#) (14 min.)
10. [Cowspiracy](#) (Trailer)
11. [Delicate Balance – the Truth](#) (86 min.) Aaron Scheibner
12. [Ecological Crisis and Veganism](#) (49 min.) Steve Best PhD
13. [Effects, Cause, and Solution to Global Warming](#) (8 min.)
14. [Endgame 2050](#) (93 min.) Sofia Pineda Ochoa MD
15. [Fires Around the World – 3 Part Series](#) ([Part One](#) - 18 min., [Part Two](#) – 16 min., [Part Three](#) – 15 min.) Supreme Master TV
16. [Global Shift to Vegan Diet Could Cut Climate Change Mitigation Costs](#) (8 min.)
17. [How Not to Go Extinct](#) (68 min.) Sailesh Rao PhD
18. [Human and Animal Extinction from Human Caused Methane](#) (8 min.)
19. [Impact of Food](#) (8 min.) Gidon Eshel PhD
20. [Inspiring the Great Transition](#) (88 min.) Sailesh Rao PhD
21. [Less Meat, Less Heat](#) (3 min.)
22. [Link Between Meat Eating and Climate Change](#) (10 min.) Jeremy Rifkin
23. [\\*Magic of the Amazon: A River that Flows Invisibly Around Us](#) (22 min.) Antonio Donato Nobre PhD (Ted Talk with subtitles)
24. [Meat File](#) (45 min.) Documentary on Meat Consumption, Climate Change, Health, and Vegetarianism
25. [Meat Reduction to Curb Climate Change](#) (3 min.) James Hansen PhD
26. [Meat the Truth](#) (72 min.)
27. [Methane Gas – Animal Agriculture is the Problem!](#) (2 min.)
28. [Most Powerful Strategy for Healing People and the Planet](#) (20 min.) Michael Klaper MD
29. [Plan B: Mobilizing to Save Civilization](#) (84 min.) Lester Brown
30. [Rethinking the American Diet](#) (53 min.) Gidon Eshel
31. [Robert Goodland Discusses the Urgent Need to Stop Deforestation](#) (7 min.)
32. [Sailesh Rao's Presentation to EU Parliament: Compassion Is Sustainable](#) (11 min.)
33. [\\*Scientists' Warning at Foresight Group, EU Commission](#) (40 min.)
34. [Searching for Truth in Agriculture](#) Robert Goodland (18 min.)
35. [\\*There is a River Above Us](#) (22 min.) Antonio Donato Nobre PhD (Ted Talk with subtitles)
36. **To the Last Drop – Canada's Dirty Oil Sands**
  - i. [Part One](#) (24 min.)
  - ii. [Part Two](#) (24 min.)
37. [What is Truly Sustainable in terms of Food Choices](#) Richard Oppenlander PhD (59 min.)
38. [Zero Carbon World](#) (13 min.) Peter Carter MD

## VIDEO ARCHIVES

1. [Animals, Climate Change, and Global Health](#) webinar series
2. [Climate Crisis: Countdown to Year Zero](#) 7-part series of interviews with Sailesh Rao (SMTV) (*Select Episode # on the top right of the viewing screen*)
3. [\\*Scientists Warning](#)



## WEB SITES

1. [\\*2020 or Bust](#) (Educational Ap)
2. [Anthropocene Alliance](#)
3. [\\*Arctic Report Card](#)
4. [Carbon Footprint of 5 Diets](#)
5. [Climate Healers](#)
6. [Climate Vegan](#)
7. [Eaternity](#)
8. [Envisionation Communicating Climate](#) *\*not related to food issues, provides general information*
9. [Food's Carbon Footprint](#) (Green Eat3)
10. [Greenheart Education Climate Change Primer](#)
11. [Livestock and Climate Change](#) A Well Fed World
12. [Navdanya Climate page](#)
13. [\\*National Snow and Ice Data Center](#)
14. [Radio Ecoshock](#)
15. [Scientists Warning](#)
16. [World Preservation Foundation](#)

## LAND USE AND FOOD POLITICS

### ARTICLES

1. [\\*1 Million Species at Risk for Extinction](#) Associated Press (New York Post)
2. [5 Ways a Vegan Diet Helps to Save Non-Farmed Animals](#) Jemima Webber
3. [60% of the Planet's Mammals Are Livestock](#) Plant-based News
4. [5280 Magazine Misses the Meat of the Matter](#) Kate Lawrence
5. [6<sup>th</sup> Massive Extinction is Imminent: How to Stop It](#) Kate Good
6. [Another Look at Sustainable Animal Farming](#)
7. [Articles About Vegans and Environment Worse for Humanity Than You Think](#) Lorelei Plotczyk
8. [Avoiding Meat and Dairy is 'Single Biggest Way' to Reduce Your Impact on Earth](#) Damian Carrington
9. [Awareness Gap](#) *Vegan Sustainability Magazine*
10. [Best 11 Brands for Sustainable Vegan Sneakers](#) Jemima Webber
11. [Best Public Relations that Money Can Buy – Guide to Food Industry Front Groups](#) Michele Simon JD
12. [Big Agra: Industrializing the Food Supply](#) Vandana Shiva PhD
13. [Bitter Brew – the Stirring Reality of Coffee](#) Food Empowerment Project
14. [\\*Bob McMinn's Legacy: Saving the Highlands](#) Maleea Acker (Focus on Victoria)
15. [Burning Issue: How Fashion's Love of Leather is Fueling the Fires in the Amazon](#) Lucy Siegle (The Guardian)
16. [Call of the Wild](#) Transition Kitchen
17. [Child Labour and Slavery in the Chocolate Industry](#) Food Empowerment Project
18. [Continued Destruction of Earth's Plant Life Places Humankind in Jeopardy](#) The Watchers
19. [\\*Cost of Space Debris](#) European Space Agency
20. [Deadstock Dilemma: Our Toxic Meat Waste](#) James McWilliams
21. [Diet of Disaster](#) Tony Wardle (VIVA)
22. [Earth Has Lost Half of its Wildlife in the Last 40 Years](#) The Guardian
23. [Eat for the Planet: Meat and the Environment](#) Jaimi Dolmage
24. [Eco-Eating: Eat as if the Earth Matters](#) Anonymous
25. [Extinction Crisis](#) Center for Biological Diversity


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26. [\\*Florida County that Became the Largest Municipality to Adopt "Rights of Nature" Law](#) *Florida Rights of Nature Network*
  27. [Food and the Environment: Top 10 Things to Think About](#) Keith Akers
  28. [Food Waste Is Trashing the Planet](#) Center for Biological Diversity
  29. [For a Compassionate Rebellion Against Extinction](#) Jonathan Leighton
  30. [Front Groups](#) Dieticians for Professional Integrity
  31. [\\*Fukushima Radiation Levels Worse than Previously Thought](#) Gabrielle Reyes (Humans Are Free)
  32. [Global Land Use Would Drop 75% If Everyone Went Vegan](#) Jemima Webber
  33. [Going Vegan is the Best Thing You Can Do for the Planet](#) Joe Loria (EcoWatch)
  34. [\\*Halt Destruction of Nature, or Suffer Even Worse Pandemic Consequences](#) Damian Carrington (The Guardian)
  35. [Harvesting the Biosphere](#) Vaclav Smil PhD
  36. [Honey Industry](#) PETA
  37. [How Can We Ask Them Not to Eat Meat?](#) Keith Akers
  38. [How Changing Your Diet Can Save Animals From Extinction](#) Laura Kehoe (The Conversation)
  39. [\\*How Do Trees and Forests Relate to Climate Change?](#) *The Guardian*
  40. [How Does Agriculture Cause Deforestation?](#) Taylor Meek (Sentient Media)
  41. [How Fireworks Can Affect Your Health and the Ecosystem](#) Maggie Macintosh (CBC News)
  42. [\\*How the Built Environment is Damaging Children's Connection with Nature](#) Teresa Coady
  43. [How to Make Global Food Systems More Sustainable](#) Kathleen Kevany PhD (The Conversation)
  44. [\\*Human Well-Being Threatened by Unprecedented Biodiversity Loss](#) Mike Shanahan (China Dialogue)
  45. [Humans Creating Sixth Great Extinction of Animal Species](#) Adam Vaughan (The Guardian)
  46. [Humans Just 0.01% of All Life, But Have Destroyed 83% of Wild Mammals](#) Damian Carrington (The Guardian)
  47. [\\*Impact of Deforestation: Local and National Consequences](#) Rhett Butler
  48. [\\*Japan May Dump Radioactive Fukushima Water Into the Pacific in "Only Option" of Disposal](#) Jordan Davidson (EcoWatch)
  49. [\\*Linking Land Clearing to Drought and Climate Change](#) Travis Taylor (Ecos)
  50. [\\*Logging and Climate Shifts Are Drastically Reducing Carbon Storage](#) Thomson Reuters (CBC News)
  51. [Major News Outlets Link Amazon Fires to Beef Farming](#) Maria Chiorando
  52. [Meat and the Environment](#) PETA
  53. [Meat's Place on the Campaign Menu: How US Environmental Discourse Negotiates Vegetarianism](#) 2010. Carrie Packwood Freeman
  54. [Megafauna Extinctions and Overpopulation](#) Keith Akers
  55. [Moving Beyond Pesticides](#) Friends of Animals
  56. [\\*Nature Is In the Worst Shape in Human History](#) Associated Press (Los Angeles Times)
  57. [New Environmental Documentary Takes a Hard-Hitting Look at the Planet in 2050](#) Charlotte Pointing
  58. [New Global Warming Strategy: How Environmentalists are Overlooking Vegetarianism](#)
  59. [\\*New Tree-planting Drones Can Plant 100,000 Trees in a Single Day](#) William Gayde (Techspot)
  60. [\\*Organic: The Original Clean Food](#) Environmental Working Group
  61. [Our Own Health or Our Ecosystem?](#) J. Morris Hicks
  62. [Palm Oil \(Ethical Food Choices\)](#) Food Empowerment Project
  63. [Pandemic Exposes More Environmental and Public Health Risks from Animal Agriculture](#) Jessica Scott-Reid (Planet Friendly News)
  64. [Peeling Back the Truth on Bananas](#) Food Empowerment Project
  65. [Pesticides are Good for You](#) Michele Simon JD
  66. [Plants Have Protein – A Case for Producing Less Meat](#) Robert Goodland (*Down to Earth*)

67. [\\*Plastic Recycling is a Myth: What Really Happens to Your Rubbish?](#) Oliver Franklin-Wallis (The Guardian)
68. [Politically Correct Food Choices?](#)
69. [\\*Rapid Decline of the Natural World is a Crisis Bigger Than Climate Change](#) John Vidal (Huff Post)
70. [Rather than Cull Millions of Livestock, Let's End Animal Agriculture](#) Joseph Winters (Harvard Political Review)
71. [Sadhana Forest: A Vegan Ecological Reforestation Project in India](#) *Vegan Sustainability Magazine*
72. [\\*Shifting Towards Sustainable Food Production and Consumption](#) 50by40
73. [Shut Down Animal Agriculture to Reduce Pandemic Risk](#) World Vegan Alliance
74. [Study Confirms that Environmentalists Need to Be Vegan](#) Estelle Rayburn (One Green Planet)
75. ["Skeptical Science" and Land Use Effects on Climate Change](#) Keith Akers
76. [Sustainable Animal Products – An Oxymoron](#) Hope Bohanec
77. [Symposium on Big Game Management – More on Reversing the Decline in Hunters than in the Hunted](#) Jordan Reichert
78. [To Protect Ourselves from Extinction, We Need to Set Aside HALF of the Planet for Wildlife](#) Estelle Rayburn (One Green Planet)
79. [Top 11 Environmental Benefits of Going Vegan](#) AllCreatures.Org
80. [Tragedy of the Commons](#) Garrett Hardin
81. [True Cost of Your Beefburger is Much Worse than You Know](#) Gidon Eshel
82. [\\*Unanticipated Radioactive Repercussions](#) Gordon Edwards PhD
83. [US Could Feed 800 Million People with Grain that Livestock Eat](#) Cornell Chronicle
84. [Vast Animal-feed Crops to Satisfy Our Meat Needs Are Destroying the Planet](#) Rebecca Smithers (The Guardian)
85. [Veganism](#) Animal Protection Party of Canada
86. [Veganism Could Save the World](#) Patrick Monahan
87. [We Need Rights of Nature, Not Financialization of Nature](#) Mumta Ito
88. [What Are \\*You\\* Doing to Minimize Your Footprint on the Planet?](#) Sophia Ochoa Pineda MD
89. [What Have Climate Refugees Got to Do With Me?](#) Kate Fowler
90. [What is Going on in Syria and Why](#) Upworthy News
91. [What's On Your Plate: The Hidden Costs of Animal Agriculture in Canada](#) WSPA
92. [\\*Where Does Your Plastic Go?](#) Erin McCormick et al. (The Guardian)
93. [Who Is Responsible for the Amazon Fires?](#) Will Tuttle PhD
94. [Who Should Feed the World?](#) John Vidal (The Guardian)
95. [Why Honey is not Vegan](#) Noah Lewis
96. [Why Unethical Plant Crops Like Coffee, Bananas, Palm Oil and Chocolate Aren't a Valid Criticism of Veganism](#) Robert Grillo
97. [Why You Should Go Animal-Free: 18 Arguments for Eating Meat Debunked](#) Damian Carrington (The Guardian)
98. [Wilderness Gone Already](#) Keith Akers
99. [\\*World Bank's Interactive Map Shows Where Deforestation is Severe](#) Anusuya Datta (Geospatial World)
100. [\\*World Economic Forum's 'Great Reset' Plan for Big Food Benefits Industry, Not People](#) Jeremy Lofredo
101. [World's First Vegan Political Party Plan to Abolish Factory Farming](#) Lauren Wills
102. [\\*Your Civilization is Killing Life on Earth](#) Nemonte Nenquimo (The Guardian)

## ARTICLE ARCHIVES

1. [\\*Canadian Coalition for Nuclear Responsibility](#)
2. [Climate Healers Blog](#) Sailesh Rao PhD



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3. [Together in Creation](#) Shelley Ostroff PhD
  4. [Transition Kitchen Blog](#)
  5. \*[Under the Banyan](#) Mike Shanahan

## BOOKS

1. [Animal Oppression and Capitalism](#) David Nibert PhD (ed.)
2. [Animal Oppression and Human Violence – Domesecration, Capitalism, and Global Conflict](#) David Nibert
3. [Carbon Dharma: The Occupation of Butterflies](#) Sailesh Rao PhD (*Free E-Book*)
4. [Circles of Compassion – Connecting Issues of Justice](#) 2014. Will Tuttle PhD (Ed.)
5. [Comfortably Unaware](#) 2012. Richard A. Oppenlander DDS
6. [Eat for the Planet](#) Nil Zacharias and Gene Stone
7. [Ecological Hoofprint – The Global Burden of Industrial Livestock](#) Tony Weis PhD
8. [Food Choice and Sustainability](#) Richard A. Oppenlander DDS
9. [From Crisis to Peace](#) Supreme Master Ching Hai (*Free E-Book*)
10. [Full Planet, Empty Plates](#) 2012. Lester R. Brown
11. [Global Food Economy](#) Tony Wis PhD
12. [Killer Fish - How Eating Aquatic Life Endangers Your Health](#) Brian Clement PhD
13. [Just Food – Where Locavores Get It Wrong and How We Can Truly Eat Responsibly](#) James McWilliams
14. [Meatonomics – The Bizarre Economics of Meat and Dairy](#) David Robinson Simon
15. [Meat the Truth](#) 2010. Nicolaas G. Pierson Foundation
16. [Meaty Truth](#) 2014. Shushana Castle and Amy-Lee Goodman (*Free E-Book*)
17. [Meet the Meatocracy](#) Climate Healers (*Free E-Book*)
18. [Outcry](#) J Morris Hicks (*E-Book*)
19. [Sea the Truth](#) 2012. Nicolaas G. Pierson Foundation
20. [Vegan – The New Ethics of Eating](#) Eric Markus *FREE Downloadable book*
21. [World Peace Diet](#) 2005. Will Tuttle PhD

## DVDs

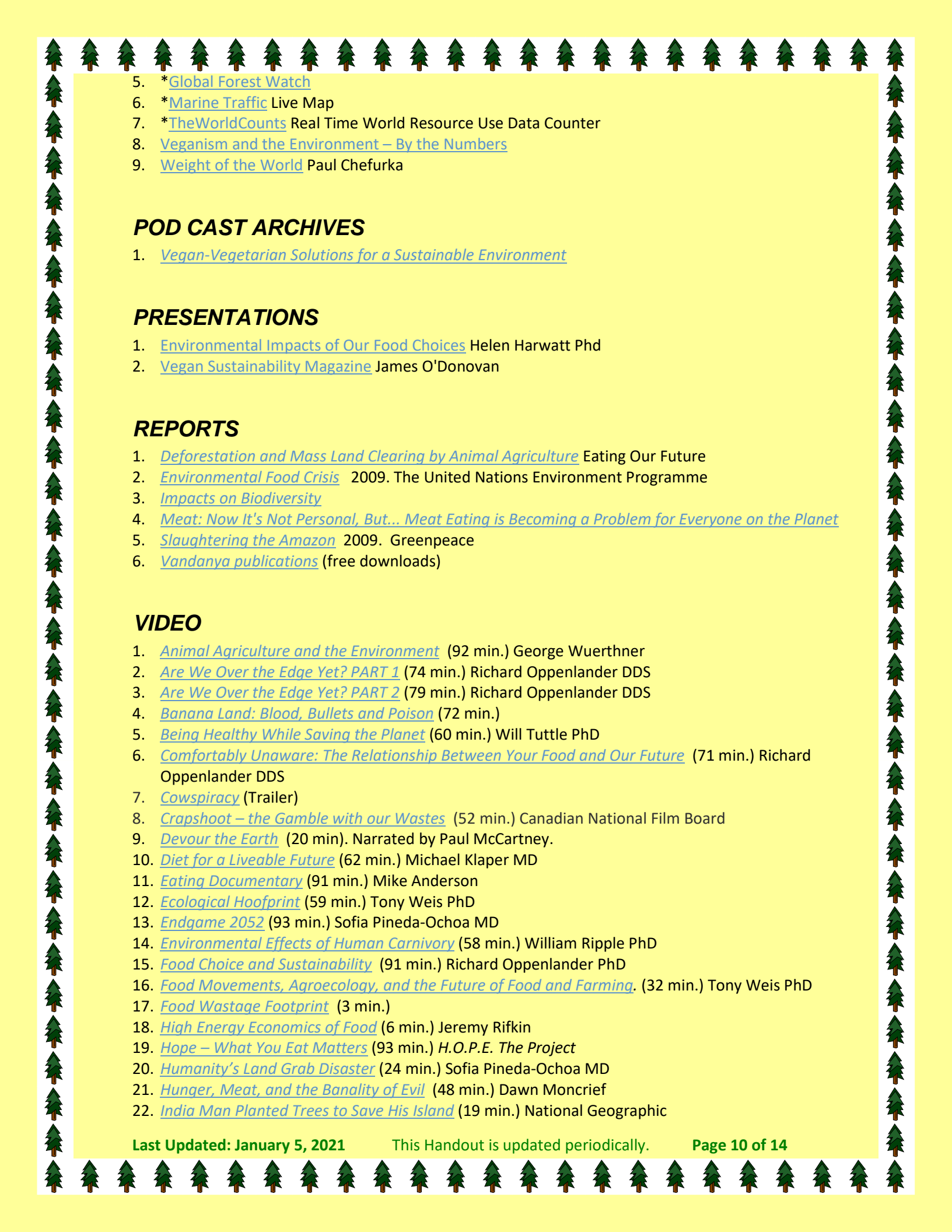
1. [Countdown to Year Zero](#) Jane Unchained News (Online Streaming)
2. \*[Generation Zapped](#)
3. \*[Journey to the Safest Place on Earth](#)
4. [Takeout: Eating Our Planet Alive](#) Moby et al.
5. \*[Trace Amounts](#)

## FLYERS

1. [Hamburger Poster](#) (and other Flyers)
2. [Monsanto vs Monarchs](#) Center for Food Safety Infographic

## GRAPHICS

1. [Consequence Poster](#)
2. [Facts](#) Cowspiracy
3. \*[Flight Aware](#) Live Flight Tracker
4. [Food Math 101](#) Plantrician Project

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5. [\\*Global Forest Watch](#)
  6. [\\*Marine Traffic](#) Live Map
  7. [\\*TheWorldCounts](#) Real Time World Resource Use Data Counter
  8. [Veganism and the Environment – By the Numbers](#)
  9. [Weight of the World](#) Paul Chefurka

## **POD CAST ARCHIVES**

1. [Vegan-Vegetarian Solutions for a Sustainable Environment](#)

## **PRESENTATIONS**

1. [Environmental Impacts of Our Food Choices](#) Helen Harwatt Phd
2. [Vegan Sustainability Magazine](#) James O'Donovan

## **REPORTS**

1. [Deforestation and Mass Land Clearing by Animal Agriculture](#) Eating Our Future
2. [Environmental Food Crisis](#) 2009. The United Nations Environment Programme
3. [Impacts on Biodiversity](#)
4. [Meat: Now It's Not Personal, But... Meat Eating is Becoming a Problem for Everyone on the Planet](#)
5. [Slaughtering the Amazon](#) 2009. Greenpeace
6. [Vandanya publications](#) (free downloads)

## **VIDEO**

1. [Animal Agriculture and the Environment](#) (92 min.) George Wuerthner
2. [Are We Over the Edge Yet? PART 1](#) (74 min.) Richard Oppenlander DDS
3. [Are We Over the Edge Yet? PART 2](#) (79 min.) Richard Oppenlander DDS
4. [Banana Land: Blood, Bullets and Poison](#) (72 min.)
5. [Being Healthy While Saving the Planet](#) (60 min.) Will Tuttle PhD
6. [Comfortably Unaware: The Relationship Between Your Food and Our Future](#) (71 min.) Richard Oppenlander DDS
7. [Cowspiracy](#) (Trailer)
8. [Crapshoot – the Gamble with our Wastes](#) (52 min.) Canadian National Film Board
9. [Devour the Earth](#) (20 min). Narrated by Paul McCartney.
10. [Diet for a Liveable Future](#) (62 min.) Michael Klaper MD
11. [Eating Documentary](#) (91 min.) Mike Anderson
12. [Ecological Hoofprint](#) (59 min.) Tony Weis PhD
13. [Endgame 2052](#) (93 min.) Sofia Pineda-Ochoa MD
14. [Environmental Effects of Human Carnivory](#) (58 min.) William Ripple PhD
15. [Food Choice and Sustainability](#) (91 min.) Richard Oppenlander PhD
16. [Food Movements, Agroecology, and the Future of Food and Farming.](#) (32 min.) Tony Weis PhD
17. [Food Wastage Footprint](#) (3 min.)
18. [High Energy Economics of Food](#) (6 min.) Jeremy Rifkin
19. [Hope – What You Eat Matters](#) (93 min.) H.O.P.E. The Project
20. [Humanity's Land Grab Disaster](#) (24 min.) Sofia Pineda-Ochoa MD
21. [Hunger, Meat, and the Banality of Evil](#) (48 min.) Dawn Moncrief
22. [India Man Planted Trees to Save His Island](#) (19 min.) National Geographic


23. \*[Lessons from the Dust Bowl](#) (68 min.) (Interview with Ken Burns) ([The Dust Bowl](#) available at PBS.)
24. [Let Us Be Heros](#) (41 min.) Plant-Based News
25. [Livestock and the Sixth Mass Extinction](#) (8 min.) Sofia Pineda Ochoa MD
26. [Meatstinction](#) (Trailer)
27. [One Single Planet](#) (25 min.)
28. [One Single Planet](#) (116 min.) Marianne Thieme (*Nicolaas G. Pierson Foundation*)
29. \*[Oneness vs. the 1%](#) (41 min.) Vandana Shiva PhD
30. \*[Planet of the Humans](#) (100 min.) Michael Moore
31. [Powerplant](#) (60 min.) Marianne Thieme (*Nicolaas G. Pierson Foundation*)
32. [Salmon Confidential](#) (69 min.)
33. [Sustainability and Food Choice: Why Eating Local, "Less" Meat, and Taking Baby Steps Won't Work](#) (85 min.) Richard Oppenlander DDS
34. [Vegan Basics](#) (30 min.) Bob Rapfogel
35. Will Tuttle Interview by Jason Liosatos
  - i. [Part One](#) (16 min.)
  - ii. [Part Two](#) (16 min.)
  - iii. [Part Three](#) (18 min.)
36. [Your Role in Global Depletion](#) (59 min.) Richard Oppenlander PhD

## VIDEO ARCHIVES

1. [Comfortably Unaware](#) Richard Oppenlander DDS
2. [Cowspiracy Conference](#)
3. [Meat Your Future](#)
4. [Our Diet – Leading to a Sustainable Future or Killing Our Planet?](#) Dr. Aryan Tavakkoli (10-part series, each video about 10 minutes)
5. [Sailesh Rao PhD](#)

## WEB SITES

1. \*[5G Crisis](#)
2. \*[5G Free California](#)
3. \*[5G Space Appeal](#)
4. \*[Blue Dot](#)
5. \*[Canadians for Safe Technology](#)
6. [Earthsave](#)
7. [Eat/Drink Politics](#)
8. \*[Ellen MacArthur Foundation](#) (plastics recycling)
9. [Environmental Nutrition](#)
10. [Food and Agriculture Vital Signs](#)
11. [Food is Power](#)
12. \*[Green Belt Movement](#)
13. [Green Vegans](#)
14. [Grid-Adrenal/United Nations Environmental Program](#) (collaboration)
15. \*[Institute for Responsible Technology](#)
16. [Meat Your Future](#)
17. [Nutrition Ecology International Center](#)
18. \*[Physicians for Safe Technology](#)
19. \*[Planet Friendly News](#)
20. [Planetary Vegan](#)
21. [Plant Based Data](#)

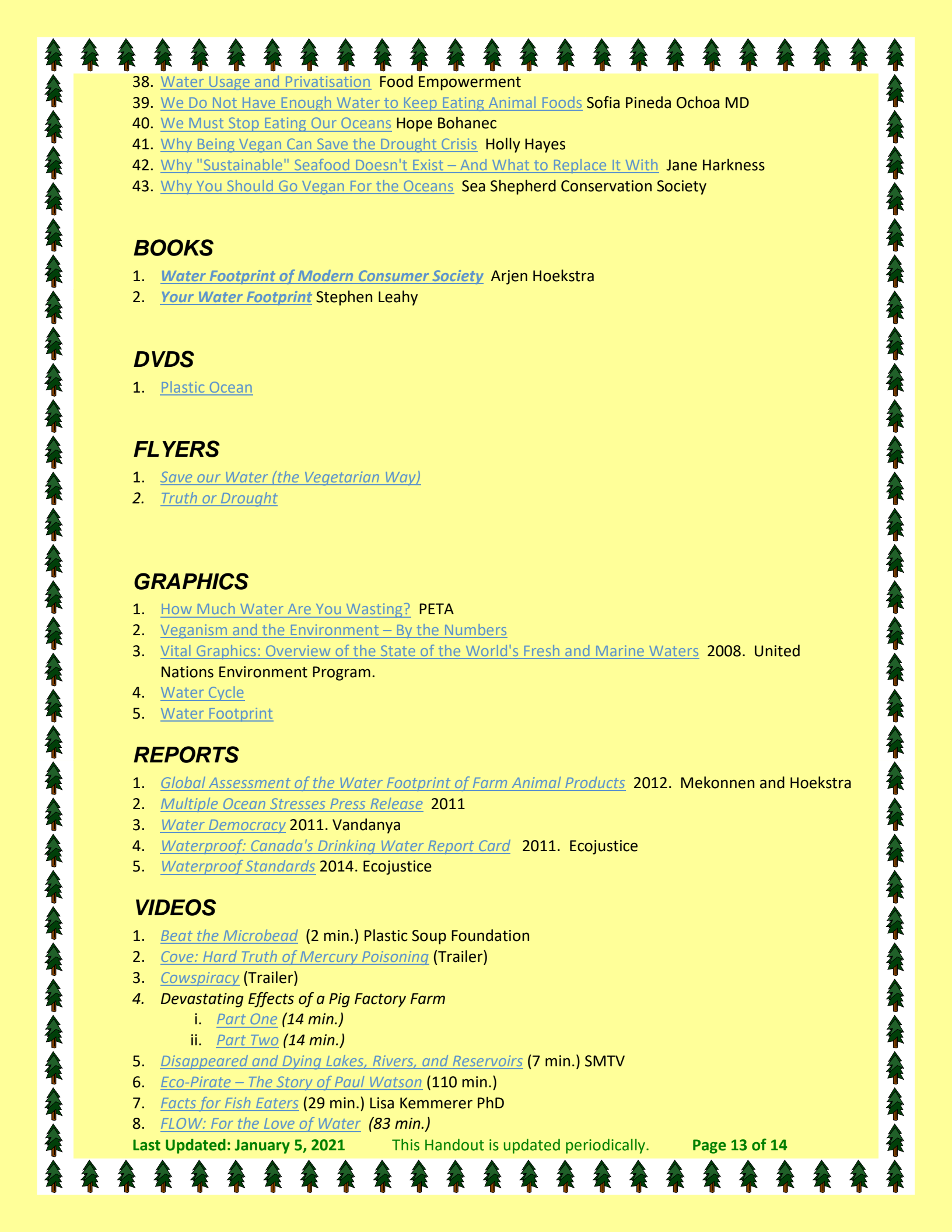
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22. [\\*Precious Plastic](#)
  23. [Prevent Year Zero](#) (the year when wild animals are gone)
  24. [\\*Story of Stuff](#)
  25. [\\*Sustainable Human](#)
  26. [Take Extinction Off Your Plate](#)
  27. [Vegananalyser](#)
  28. [Well-fed World](#)

## WATER

### ARTICLES

1. [35 Facts That Will Make You Never Want to Eat Fish Again](#) Kristine Lofgren
2. [Aral Sea](#)
3. [BC Must Act to Protect Spawning Beaches](#) Calvin Sandborn and Jacklyn Barrs (*Times Colonist*)
4. [California's Thirsting Farmland](#)
5. [Commercial Fishing](#) Food Empowerment
6. [Cowspiracy: As California Faces Drought, Film Links Meat Industry to Water Scarcity and Climate Change](#) Democracy Now!
7. [Dark Waters: Impact of Eating Fish](#) Animal Aid
8. [Dead Zone in Gulf of Mexico Larger Than Ever, Thanks to Meat Industry](#) Michelle Neff
9. [Dried Up: Lakes, Rivers and Other Water Bodies Disappearing Fast](#) Eric Zerkel
10. [Drought in California](#) Keith Akers
11. [Fish Can Help Slow Global Warming – But Not if We Keep Eating Them](#) Gwynn Guilford
12. [Fish Consumption is Decimating Ocean Wildlife](#) James O'Donovan
13. [Food Shortages Could Force World into Vegetarianism, Warn Scientists](#) John Vidal
14. [Food's Water Footprint](#) Green Eatz
15. [Freshwater Depletion – Realities of Choice](#) Richard Oppenlander
16. [Freshwater Fish Collapsing](#) Michael Mountain
17. [Hidden Water Resource Use Behind Meat and Dairy](#) 2012. Arjen Hoekstra
18. [How Eating Seafood Kills our Oceans](#) One Green Planet
19. [How Much Water is Needed to Produce Food and How Much Do We Waste?](#) The Guardian
20. [India is Running Out of Water, Fast](#) Al Jazeera
21. [Keep Fish In the Sea, and Off Our Plates](#) Tim Thorpe (*Vegan Sustainability Magazine*)
22. [Killer Fish – Time to Rethink the Health Benefits](#) Brian Clement PhD
23. [\\*Marine Debris](#) Thank You Ocean
24. [Meat Consumption Draining the World's Water Supply](#) Examiner
25. [\\*Many US Aquifers in Decline](#) Ian James & Steve Reilly
26. [Most Dangerous Single Source of Ocean Plastic No One Wants to Talk About](#) Sea Shepherd
27. [Myth: Almond Milk Is Using All the Water](#) Truth or Drought
28. [NASA Observatory Shrinking Aral Sea](#)
29. [Nature's Solution to Climate Change](#) Ralph Chami et. al (International Monetary Fund)
30. [Ocean Life Faces Mass Extinctions](#) Carl Zimmer
31. [Peak Water: What Happens when the Wells Go Dry?](#) 2013. Lester R. Brown.
32. [\\*Rivers in the Sky: How Deforestation is Affecting Global Water Cycles](#) Fred Pearce (China Dialogue)
33. [Scientists Call Octopus Farming and Ethical and Environmental Disaster](#) Calen Otto
34. [University of Oxford College Votes for Vegan Meals to Help Fight Climate Change](#) Jemma Collins
35. [Veganism or Extinction?](#) Alisa Rutherford-Fortunati
36. [\\*Want to Save Whales, Dolphins and Seabirds? Ditch These 4 Plastic Items](#) *The Conversation*
37. [Water Shortage in Chennai Prompts Pro-Vegan PETA India Billboard](#) PETA



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38. [Water Usage and Privatisation](#) Food Empowerment
  39. [We Do Not Have Enough Water to Keep Eating Animal Foods](#) Sofia Pineda Ochoa MD
  40. [We Must Stop Eating Our Oceans](#) Hope Bohanec
  41. [Why Being Vegan Can Save the Drought Crisis](#) Holly Hayes
  42. [Why "Sustainable" Seafood Doesn't Exist – And What to Replace It With](#) Jane Harkness
  43. [Why You Should Go Vegan For the Oceans](#) Sea Shepherd Conservation Society

## **BOOKS**

1. [Water Footprint of Modern Consumer Society](#) Arjen Hoekstra
2. [Your Water Footprint](#) Stephen Leahy

## **DVDS**

1. [Plastic Ocean](#)

## **FLYERS**

1. [Save our Water \(the Vegetarian Way\)](#)
2. [Truth or Drought](#)

## **GRAPHICS**

1. [How Much Water Are You Wasting?](#) PETA
2. [Veganism and the Environment – By the Numbers](#)
3. [Vital Graphics: Overview of the State of the World's Fresh and Marine Waters](#) 2008. United Nations Environment Program.
4. [Water Cycle](#)
5. [Water Footprint](#)

## **REPORTS**

1. [Global Assessment of the Water Footprint of Farm Animal Products](#) 2012. Mekonnen and Hoekstra
2. [Multiple Ocean Stresses Press Release](#) 2011
3. [Water Democracy](#) 2011. Vandanya
4. [Waterproof: Canada's Drinking Water Report Card](#) 2011. Ecojustice
5. [Waterproof Standards](#) 2014. Ecojustice

## **VIDEOS**

1. [Beat the Microbead](#) (2 min.) Plastic Soup Foundation
2. [Cove: Hard Truth of Mercury Poisoning](#) (Trailer)
3. [Cowspiracy](#) (Trailer)
4. [Devastating Effects of a Pig Factory Farm](#)
  - i. [Part One](#) (14 min.)
  - ii. [Part Two](#) (14 min.)
5. [Disappeared and Dying Lakes, Rivers, and Reservoirs](#) (7 min.) SMTV
6. [Eco-Pirate – The Story of Paul Watson](#) (110 min.)
7. [Facts for Fish Eaters](#) (29 min.) Lisa Kemmerer PhD
8. [FLOW: For the Love of Water](#) (83 min.)

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9. [How Our Diet Is Destroying the Oceans](#) (15 min). Richard Oppenlander DDS
  10. [Inside the Garbage of the World](#) (81 min.)
  11. [Paul Watson TED Talk](#) (18 min.)
  12. [Plastic Soup – the Great Pacific Patch](#) (4 min.)
  13. [River of Waste](#) (91 min.)
  14. [Sea Shepherd's Captain Paul Watson interviewed by Bill Maher](#) (8 min.)
  15. [Sea The Truth](#) (60 min.)
  16. [Seaspiracy](#) (14 min.) Ali Tabrizi
  17. [Synthetic Sea](#) (10 min)
  18. [World without Water](#) (76 min.)

## WEB SITES

*\*Not related to diet; however contain useful general information.*

1. \*[Aquifers in British Columbia](#)
2. [Arjen Hoekstra](#) (Professor)
3. \*[B.E.A.C.H.](#)
4. \*[Marine Debris Program](#) National Oceanic and Atmospheric Administration
5. \*[Plastic Oceans](#)
6. \*[Sea Around Us](#)
7. [Sea the Truth](#)
8. [Truth or Drought](#)
9. [Water Footprint](#)
10. [Water Footprints and Virtual Water](#)
11. \*[Waterproof](#) Ecojustice
12. \*[World Preservation Foundation](#)
13. \*[World's Water](#) Pacific Institute. *Information on the World's Freshwater Resources.*

## NOISE POLLUTION RESOURCES

1. [VegEd NOISE Resources Page](#) VegEd *\*Compilation of information on noise pollution*

## WOOD SMOKE POLLUTION RESOURCES

1. \*[VegEd SMOKE Resources Page](#) VegEd *\*Compilation of information on wood smoke pollution*