



# Environmental Education Resources

**Below:** A compilation of educational materials, produced by different organizations, with emphasis on the connection between our food and lifestyle choices and many of the world's pressing environmental issues. Underlined items are hyperlinked to web sites.

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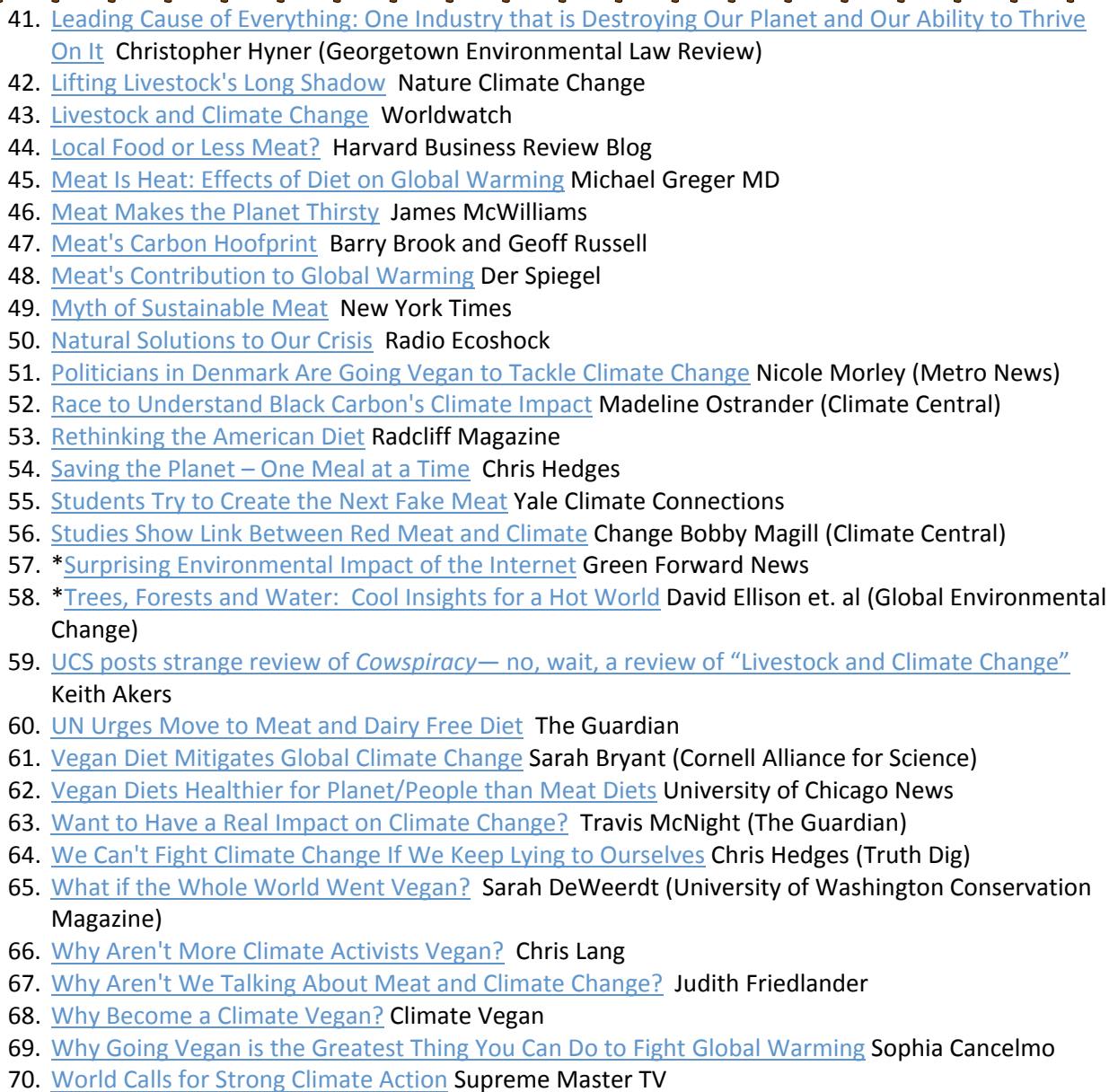
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# CLIMATE

## ARTICLES

1. [10 Shocking Environmental Facts](#) One Green Planet
2. [Animal Agriculture is Choking the Earth and Making Us Sick](#) James and Suzy Cameron (The Guardian)
3. [Animal Agriculture is the Leading Cause of Climate Change](#) Sailesh Rao PhD
4. [Are We Witnessing Abrupt Climate Change?](#) Paul Mahoney
5. [Calling All Vegan Climate Scientists?](#) James McWilliams
6. [Carbon Dioxide Set An All-time Monthly High](#) Brian Kahn (Climate Central)
7. [China's Plan to Cut Meat Consumption by 50%](#) Oliver Milman (The Guardian)
8. [Chris Hedges – I've Gone Vegan to Try to Help Save the Planet](#) All-Creatures.Org
9. [\\*Climate-induced Forest Dieback](#) Craig Allen
10. [Coral Bleaching](#) Johnny Langenheim (The Guardian)
11. [Dramatic Arctic Sea Ice Melt: Interview with Dr. Greg Flato](#) Supreme Master TV
12. [Eat Less Meat to Avoid Dangerous Global Warming](#) Fiona Harvey (The Guardian)
13. [Electric Cars Aren't Enough](#) Tracey Reiman (The Huffington Post)
14. [Diet, Energy and Global Warming](#) Gidon Eshel PhD and Pamela Marin PhD
15. [Ditch Meat to Save the Planet](#) NBC News
16. [Eat Less Meat to Prevent Climate Disaster](#) The Guardian
17. [Fear of Flying](#) Yale Climate Connections
18. [Fight Climate Change by Going Vegan](#) PETA
19. [Five Ways Factory Farming Creates Air Pollution](#) One Green Planet
20. [Germany's Environment Minister Says No More Meat at Official Functions](#) Katherine Martinko (Tree Hugger)
21. [Giving Up Beef Will Reduce Carbon Footprint More Than Cars](#) The Guardian
22. [Global Meat Consumption Linked to Antarctic Ice Melt](#) Jemima Webber
23. [Go Solar, or Go Vegan?](#) James O'Donovan (Ed.) (Vegan Sustainability Magazine)
24. [Go Vegan – Save the Planet](#) George C. Wang (CNN)
25. [Going Vegan Is the Best Thing You Can Do for the Planet](#) Joe Loria (Ecowatch)
26. [Going Vegan – Lessen Your Environmental Impact](#) The Mindful Word
27. [Grass-Fed Beef is Heating the Planet](#) Janice Stanger PhD
28. [Grass-Fed Beef May Be One of the Worst Contributors to Global Warming](#) Christof Putzel (Al Jazeera News)
29. [Heat Makes It Too Hot for Africa's Wild Dogs to Hunt](#) Damian Carrington (The Guardian)
30. [Hidden Cost of Hamburger is Greater than Reported](#) Earth Island Journal
31. [How Going Vegan Helps Stop Climate Change](#) PETA
32. [How Meat Contributes to Global Warming](#) Scientific American
33. [How Much Your Meat Addiction is Hurting the Planet](#) Washington Post
34. [How You and I Can Save the World](#) Michael Mountain
35. [Huge Reduction in Meat-Eating 'Essential' to Avoid Climate Breakdown](#) Damian Carrington (The Guardian)
36. [Humans are Becoming More Carnivorous – Study Reveals a Shift Toward Animal-based Diet A Bad Omen For the Environment](#) Scientific American
37. [Ignoring Food Choices – Once Again](#) Keith Akers
38. [\\*Is Your Internet Use Destroying the Planet?](#) Emily Glass (One Green Planet)
39. [Organic – A Climate Saviour?](#) FoodWatch
40. [Lamb, beef, and cheese have largest footprint](#) The Ecologist

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41. [Leading Cause of Everything: One Industry that is Destroying Our Planet and Our Ability to Thrive On It](#) Christopher Hyner (Georgetown Environmental Law Review)
  42. [Lifting Livestock's Long Shadow](#) Nature Climate Change
  43. [Livestock and Climate Change](#) Worldwatch
  44. [Local Food or Less Meat?](#) Harvard Business Review Blog
  45. [Meat Is Heat: Effects of Diet on Global Warming](#) Michael Greger MD
  46. [Meat Makes the Planet Thirsty](#) James McWilliams
  47. [Meat's Carbon Hoofprint](#) Barry Brook and Geoff Russell
  48. [Meat's Contribution to Global Warming](#) Der Spiegel
  49. [Myth of Sustainable Meat](#) New York Times
  50. [Natural Solutions to Our Crisis](#) Radio Ecoshock
  51. [Politicians in Denmark Are Going Vegan to Tackle Climate Change](#) Nicole Morley (Metro News)
  52. [Race to Understand Black Carbon's Climate Impact](#) Madeline Ostrander (Climate Central)
  53. [Rethinking the American Diet](#) Radcliff Magazine
  54. [Saving the Planet – One Meal at a Time](#) Chris Hedges
  55. [Students Try to Create the Next Fake Meat](#) Yale Climate Connections
  56. [Studies Show Link Between Red Meat and Climate](#) Change Bobby Magill (Climate Central)
  57. [\\*Surprising Environmental Impact of the Internet](#) Green Forward News
  58. [\\*Trees, Forests and Water: Cool Insights for a Hot World](#) David Ellison et. al (Global Environmental Change)
  59. [UCS posts strange review of Cowspiracy— no, wait, a review of “Livestock and Climate Change”](#) Keith Akers
  60. [UN Urges Move to Meat and Dairy Free Diet](#) The Guardian
  61. [Vegan Diet Mitigates Global Climate Change](#) Sarah Bryant (Cornell Alliance for Science)
  62. [Vegan Diets Healthier for Planet/People than Meat Diets](#) University of Chicago News
  63. [Want to Have a Real Impact on Climate Change?](#) Travis McNight (The Guardian)
  64. [We Can't Fight Climate Change If We Keep Lying to Ourselves](#) Chris Hedges (Truth Dig)
  65. [What if the Whole World Went Vegan?](#) Sarah DeWeerd (University of Washington Conservation Magazine)
  66. [Why Aren't More Climate Activists Vegan?](#) Chris Lang
  67. [Why Aren't We Talking About Meat and Climate Change?](#) Judith Friedlander
  68. [Why Become a Climate Vegan?](#) Climate Vegan
  69. [Why Going Vegan is the Greatest Thing You Can Do to Fight Global Warming](#) Sophia Cancelmo
  70. [World Calls for Strong Climate Action](#) Supreme Master TV

## **ARTICLE ARCHIVES**

1. [Climate Healers](#)
2. [Robert Goodman](#)
3. [Vegan Sustainability Magazine](#)

## **BOOKLETS**

1. [Low Emission Diet: Eating for a Safe Climate](#) Paul Mahoney

## **BOOKS**

1. [Carbon Dharma – The Occupation of Butterflies](#) Sailesh Rao PhD (Free E-Book)
2. [Carbon Yoga – The Vegan Metamorphosis](#) Sailesh Rao PhD (Free E-Book)



## DVDS for Purchase

1. [Planeat](#)

## FLYERS

1. [Another Inconvenient Truth](#)

## GRAPHICS

1. [Animal Agriculture as Climate Killer](#)
2. [Veganism and the Environment – By the Numbers](#)

## PODCAST ARCHIVES


1. [Eat for the Planet](#) Nil Zacharias (One Green Planet)

## REPORTS

1. [Livestock – Climate Change's Forgotten Sector](#) 2014. The Royal Institute for International Affairs
2. [Livestock's Long Shadow](#) 2006. United Nations Food and Agriculture Organization
3. [Organic – A Climate Saviour?](#) 2009. Foodwatch
4. [Reversing Meat-Eating Culture to Combat Climate Change](#) 2012. World Preservation Foundation

## VIDEOS

1. [Animal Agriculture and Climate Change](#) Bhuvan Kalra (27 min.)
2. [Animal Agriculture – The Facts](#) (5 min.)
3. [Antarctica – A Bell Ringer of Climate Change](#) (25 min.) Dr. Chia-Fu Chou PhD (SupremeMasterTV)
4. [Arctic Sea Ice Hits Record Low](#) Nick Clark (3 min.)
5. [Assault of the Animal Agriculture Industry](#) (26 min.) Chris Hedges interviews Kip Andersen and Keegan Kuhn
6. [Carbon Yoga](#) (33 min.) Sailesh Rao PhD
7. [Chomp Climate Change](#) (3 min.)
8. [Climate Change? Go Vegan](#) (3 min.)
9. [Cooling the Planet](#) (14 min.)
10. [Cowspiracy](#) (Trailer)
11. [Delicate Balance – the Truth](#) Aaron Scheibner (86 min.)
12. [Ecological Crisis and Veganism](#) Steve Best PhD (49 min.)
13. [Effects, Cause, and Solution to Global Warming](#) (8 min.)
14. [Global Shift to Vegan Diet Could Cut Climate Change Mitigation Costs](#) (8 min.)
15. [Human and Animal Extinction from Human Caused Methane](#) (8 min.)
16. [Impact of Food](#) Gidon Eshel PhD (8 min.)
17. [Inspiring the Great Transition](#) (88 min.) Sailesh Rao PhD
18. [Less Meat, Less Heat](#) (3 min.)
19. [Link Between Meat Eating and Climate Change](#) Jeremy Rifkin (10 min.)
20. [\\*Magic of the Amazon: A River that Flows Invisibly Around Us](#) (22 min.) Antonio Donato Nobre PhD (Ted Talk with subtitles)
21. [Meat File](#) (45 min.) Documentary on Meat Consumption, Climate Change, Health, and Vegetarianism

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22. [Meat the Truth](#) (72 min.)
  23. [Methane Gas – Animal Agriculture is the Problem!](#) (2 min.)
  24. [Most Powerful Strategy for Healing People and the Planet](#) (20 min.) Michael Klaper MD
  25. [Plan B: Mobilizing to Save Civilization](#) Lester Brown (84 min.)
  26. [Rethinking the American Diet](#) Gidon Eshel (53 min.)
  27. [Robert Goodland Discusses the Urgent Need to Stop Deforestation](#) (7 min.)
  28. [Sailesh Rao's Presentation to EU Parliament: Compassion Is Sustainable](#) (11 min.)
  29. [Searching for Truth in Agriculture](#) Robert Goodland (18 min.)
  30. [\\*There is a River Above Us](#) (22 min.) Antonio Donato Nobre PhD (Ted Talk with subtitles)
  31. **To the Last Drop – Canada's Dirty Oil Sands**
    - i. [Part One](#) (24 min.)
    - ii. [Part Two](#) (24 min.)
  32. [What is Truly Sustainable in terms of Food Choices](#) Richard Oppenlander PhD (59 min.)

## WEB SITES

1. [Anthropocene Alliance](#)
2. [\\*Arctic Report Card](#)
3. [Carbon Footprint of 5 Diets](#)
4. [Climate Healers](#)
5. [Climate Vegan](#)
6. [Eaternity](#)
7. [Envisionation Communicating Climate](#) *\*not related to food issues, provides general information*
8. [Food's Carbon Footprint](#) (Green EatZ)
9. [Greenheart Education Climate Change Primer](#)
10. [Livestock and Climate Change](#) A Well Fed World
11. [Navdanya Climate page](#)
12. [\\*National Snow and Ice Data Center](#)
13. [Radio Ecoshock](#)
14. [World Preservation Foundation](#)

## LAND USE AND FOOD POLITICS

### ARTICLES

1. [60% of the Planet's Mammals Are Livestock](#) Plant-based News
2. [5280 Magazine Misses the Meat of the Matter](#) Kate Lawrence
3. [6<sup>th</sup> Massive Extinction is Imminent: How to Stop It](#) Kate Good
4. [Another Look at Sustainable Animal Farming](#)
5. [Articles About Vegans and Environment Worse for Humanity Than You Think](#) Lorelei Plotczyk
6. [Best Public Relations that Money Can Buy – Guide to Food Industry Front Groups](#) Michele Simon JD
7. [Bitter Brew – the Stirring Reality of Coffee](#) Food Empowerment Project
8. [Child Labour and Slavery in the Chocolate Industry](#) Food Empowerment Project
9. [Continued Destruction of Earth's Plant Life Places Humankind in Jeopardy](#) The Watchers
10. [Deadstock Dilemma: Our Toxic Meat Waste](#) James McWilliams
11. [Diet of Disaster](#) Tony Wardle (VIVA)
12. [Earth Has Lost Half of its Wildlife in the Last 40 Years](#) The Guardian
13. [Eat for the Planet: Meat and the Environment](#) Jaimi Dolmage
14. [Food Waste Is Trashing the Planet](#) Center for Biological Diversity
15. [Front Groups](#) Dieticians for Professional Integrity
16. [Global Land Use Would Drop 75% If Everyone Went Vegan](#) Jemima Webber


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17. [Goodbye and Good Riddance to Livestock Farming](#) George Monbiot (The Guardian)
  18. [Harvesting the Biosphere](#) Vaclav Smil PhD
  19. [Hills are Dead](#) George Monbiot
  20. [Honey Industry](#) PETA
  21. [How Can We Ask Them Not to Eat Meat?](#) Keith Akers
  22. [How Changing Your Diet Can Save Animals From Extinction](#) Laura Kehoe (The Conversation)
  23. [\\*How Do Trees and Forests Relate to Climate Change?](#) *The Guardian*
  24. [How to Make Global Food Systems More Sustainable](#) Kathleen Kevany PhD (The Conversation)
  25. [Humans Creating Sixth Great Extinction of Animal Species](#) Adam Vaughan (The Guardian)
  26. [Humans Just 0.01% of All Life, But Have Destroyed 83% of Wild Mammals](#) Damian Carrington (The Guardian)
  27. [\\*Impact of Deforestation: Local and National Consequences](#) Rhett Butler
  28. [\\*Linking Land Clearing to Drought and Climate Change](#) Travis Taylor (Ecos)
  29. [Meat and the Environment](#) PETA
  30. [Meat's Place on the Campaign Menu: How US Environmental Discourse Negotiates Vegetarianism](#) 2010. Carrie Packwood Freeman
  31. [Megafauna Extinctions and Overpopulation](#) Keith Akers
  32. [New Global Warming Strategy: How Environmentalists are Overlooking Vegetarianism](#)
  33. [Palm Oil \(Ethical Food Choices\)](#) Food Empowerment Project
  34. [Peeling Back the Truth on Bananas](#) Food Empowerment Project
  35. [Pesticides are Good for You](#) Michele Simon JD
  36. [Plants Have Protein – A Case for Producing Less Meat](#) Robert Goodland (*Down to Earth*)
  37. [Politically Correct Food Choices?](#)
  38. [Study Confirms that Environmentalists Need to Be Vegan](#) Estelle Rayburn (One Green Planet)
  39. ["Skeptical Science" and Land Use Effects on Climate Change](#) Keith Akers
  40. [Sustainable Animal Products – An Oxymoron](#) Hope Bohanec
  41. [To Protect Ourselves from Extinction, We Need to Set Aside HALF of the Planet for Wildlife](#) Estelle Rayburn (One Green Planet)
  42. [Tragedy of the Commons](#) Garrett Hardin
  43. [True Cost of Your Beefburger is Much Worse than You Know](#) Gidon Eshel
  44. [US Could Feed 800 Million People with Grain that Livestock Eat](#) Cornell Chronicle
  45. [Vast Animal-feed Crops to Satisfy Our Meat Needs Are Destroying the Planet](#) Rebecca Smithers (The Guardian)
  46. [Veganism Could Save the World](#) Patrick Monahan
  47. [We Need Rights of Nature, Not Financialization of Nature](#) Mumta Ito
  48. [What is Going on in Syria and Why](#) Upworthy News
  49. [What's On Your Plate: The Hidden Costs of Animal Agriculture in Canada](#) WSPA
  50. [Who Should Feed the World?](#) John Vidal (The Guardian)
  51. [Why Honey is not Vegan](#) Noah Lewis

## ARTICLE ARCHIVES

1. [Guardian \(Meat Industry\)](#)

## BOOKS

1. [Animal Oppression and Human Violence – Domesecration, Capitalism, and Global Conflict](#) David Nibert
2. [Carbon Dharma: The Occupation of Butterflies](#) Sailesh Rao PhD (*Free E-Book*)
3. [Circles of Compassion – Connecting Issues of Justice](#) 2014. Will Tuttle PhD (Ed.)

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4. [Comfortably Unaware](#) 2012. Richard A. Oppenlander DDS
  5. [Ecological Hoofprint – The Global Burden of Industrial Livestock](#) Tony Weis PhD
  6. [Food Choice and Sustainability](#) Richard A. Oppenlander DDS
  7. [Full Planet, Empty Plates](#) 2012. Lester R. Brown
  8. [Global Food Economy](#) Tony Wis PhD
  9. [Killer Fish - How Eating Aquatic Life Endangers Your Health](#) Brian Clement PhD
  10. [Just Food – Where Locavores Get It Wrong and How We Can Truly Eat Responsibly](#) James McWilliams
  11. [Meatonomics – The Bizarre Economics of Meat and Dairy](#) David Robinson Simon
  12. [Meat the Truth](#) 2010. Nicolaas G. Pierson Foundation
  13. [Meaty Truth](#) 2014. Shushana Castle and Amy-Lee Goodman (*Free E-Book*)
  14. [Meet the Meatocracy](#) Climate Healers (*Free E-Book*)
  15. [Sea the Truth](#) 2012. Nicolaas G. Pierson Foundation
  16. [Vegan – The New Ethics of Eating](#) Eric Markus *FREE Downloadable book*
  17. [World Peace Diet](#) 2005. Will Tuttle PhD

## FLYERS

1. [Hamburger Poster \(and other Flyers\)](#)
2. [Monsanto vs Monarchs](#) Center for Food Safety Infographic

## GRAPHICS

1. [Consequence Poster](#)
2. [Facts Cowspiracy](#)
3. [Veganism and the Environment – By the Numbers](#)
4. [Weight of the World](#) Paul Chefurka

## POD CAST ARCHIVES

1. [Vegan-Vegetarian Solutions for a Sustainable Environment](#)

## PRESENTATIONS

1. [Environmental Impacts of Our Food Choices](#) Helen Harwatt Phd
2. [Vegan Sustainability Magazine](#) James O'Donovan

## REPORTS

1. [Environmental Food Crisis](#) 2009. The United Nations Environment Programme
2. [Impacts on Biodiversity](#)
3. [Meat: Now It's Not Personal, But... Meat Eating is Becoming a Problem for Everyone on the Planet](#)
4. [Slaughtering the Amazon](#) 2009. Greenpeace
5. [Vandanya publications](#) (free downloads)

## VIDEO

1. [Animal Agriculture and the Environment](#) (92 min.) George Wuerthner
2. [Banana Land: Blood, Bullets and Poison](#) (72 min.)
3. [Being Healthy While Saving the Planet](#) (60 min.) Will Tuttle PhD
4. [Comfortably Unaware: The Relationship Between Your Food and Our Future](#) (71 min.) Richard Oppenlander DDS
5. [Cowspiracy](#) (Trailer)
6. [Crapshoot – the Gamble with our Wastes](#) (52 min.) Canadian National Film Board

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7. [Devour the Earth](#) (20 min). Narrated by Paul McCartney.
  8. [Eating Documentary](#) (91 min.) Mike Anderson
  9. [Ecological Hoofprint](#) (59 min.) Tony Weis PhD
  10. [Environmental Effects of Human Carnivory](#) (58 min.) William Ripple PhD
  11. [Food Choice and Sustainability](#) (91 min.) Richard Oppenlander PhD
  12. [Food Movements, Agroecology, and the Future of Food and Farming.](#) (32 min.) Tony Weis PhD
  13. [Food Wastage Footprint](#) (3 min.)
  14. [High Energy Economics of Food](#) (6 min.) Jeremy Rifkin
  15. [Hope – What You Eat Matters](#) (93 min.) *H.O.P.E. The Project*
  16. [Hunger, Meat, and the Banality of Evil](#) (48 min.) Dawn Moncrief
  17. [India Man Planted Trees to Save His Island](#) (19 min.) National Geographic
  18. \*[Lessons from the Dust Bowl](#) (68 min.) (Interview with Ken Burns) ([The Dust Bowl](#) available at PBS.)
  19. [Let Us Be Heros](#) (41 min.) Plant-Based News
  20. [Livestock and the Sixth Mass Extinction](#) (8 min.) Sofia Pineda Ochoa MD
  21. [Meatstinction](#) (Trailer)
  22. [One Single Planet](#) (25 min.)
  23. [Salmon Confidential](#) (69 min.)
  24. [Sustainability and Food Choice: Why Eating Local, "Less" Meat, and Taking Baby Steps Won't Work](#) (85 min.) Richard Oppenlander
  25. [Vegan Basics](#) (30 min.) Bob Rapfogel
  26. Will Tuttle Interview by Jason Liosatos
    - i. [Part One](#) (16 min.)
    - ii. [Part Two](#) (16 min.)
    - iii. [Part Three](#) (18 min.)
  27. [Your Role in Global Depletion](#) (59 min.) Richard Oppenlander PhD

## VIDEO ARCHIVES

1. [Cowspiracy Conference](#)
2. [Meat Your Future](#)
3. [Our Diet – Leading to a Sustainable Future or Killing Our Planet?](#) Dr. Aryan Tavakkoli (10-part series, each video about 10 minutes)

## WEB SITES

1. [Earthsave](#)
2. [Eat/Drink Politics](#)
3. \*[Ellen MacArthur Foundation](#) (plastics recycling)
4. [Environmental Nutrition](#)
5. [Food and Agriculture Vital Signs](#)
6. [Food is Power](#)
7. [Green Vegans](#)
8. [Grid-Adrenal/United Nations Environmental Program](#) (collaboration)
9. [Meat Your Future](#)
10. [Nutrition Ecology International Center](#)
11. [Take Extinction Off Your Plate](#)
12. [Vegananalyser](#)
13. [Well-fed World](#)





# WATER

## ARTICLES

1. [35 Facts That Will Make You Never Want to Eat Fish Again](#) Kristine Lofgren
2. [Aral Sea](#)
3. [California's Thirsting Farmland](#)
4. [Commercial Fishing](#) Food Empowerment
5. [Cowspiracy: As California Faces Drought, Film Links Meat Industry to Water Scarcity and Climate Change](#) Democracy Now!
6. [Dark Waters: Impact of Eating Fish](#) Animal Aid
7. [Dead Zone in Gulf of Mexico Larger Than Ever, Thanks to Meat Industry](#) Michelle Neff
8. [Dried Up: Lakes, Rivers and Other Water Bodies Disappearing Fast](#) Eric Zerkel
9. [Drought in California](#) Keith Akers
10. [Fish Can Help Slow Global Warming – But Not if We Keep Eating Them](#) Gwynn Guilford
11. [Fish Consumption is Decimating Ocean Wildlife](#) James O'Donovan
12. [Food Shortages Could Force World into Vegetarianism, Warn Scientists](#) John Vidal
13. [Food's Water Footprint](#) Green Eatz
14. [Freshwater Depletion – Realities of Choice](#) Richard Oppenlander
15. [Freshwater Fish Collapsing](#) Michael Mountain
16. [Hidden Water Resource Use Behind Meat and Dairy](#) 2012. Arjen Hoekstra
17. [How Eating Seafood Kills our Oceans](#) One Green Planet
18. [How Much Water is Needed to Produce Food and How Much Do We Waste?](#) The Guardian
19. [Killer Fish – Time to Rethink the Health Benefits](#) Brian Clement PhD
20. [Meat Consumption Draining the World's Water Supply](#) Examiner
21. [\\*Many US Aquifers in Decline](#) Ian James & Steve Reilly
22. [Myth: Almond Milk Is Using All the Water](#) Truth or Drought
23. [NASA Observatory Shrinking Aral Sea](#)
24. [Ocean Life Faces Mass Extinctions](#) Carl Zimmer
25. [Peak Water: What Happens when the Wells Go Dry?](#) 2013. Lester R. Brown.
26. [University of Oxford College Votes for Vegan Meals to Help Fight Climate Change](#) Jemma Collins
27. [Veganism or Extinction?](#) Alisa Rutherford-Fortunati
28. [Water Usage and Privatisation](#) Food Empowerment
29. [We Must Stop Eating Our Oceans](#) Hope Bohanec
30. [Why Being Vegan Can Save the Drought Crisis](#) Holly Hayes
31. [Why "Sustainable" Seafood Doesn't Exist – And What to Replace It With](#) Jane Harkness

## BOOKS

1. [Water Footprint of Modern Consumer Society](#) Arjen Hoekstra
2. [Your Water Footprint](#) Stephen Leahy

## DVDS

1. [Plastic Ocean](#)

## FLYERS

1. [Save our Water \(the Vegetarian Way\)](#)
2. [Truth or Drought](#)



## GRAPHICS

1. [How Much Water Are You Wasting?](#) PETA
2. [Veganism and the Environment – By the Numbers](#)
3. [Vital Graphics: Overview of the State of the World's Fresh and Marine Waters](#) 2008. United Nations Environment Program.
4. [Water Cycle](#)
5. [Water Footprint](#)

## REPORTS

1. [Global Assessment of the Water Footprint of Farm Animal Products](#) 2012. Mekonnen and Hoekstra
2. [Multiple Ocean Stresses Press Release](#) 2011
3. [Water Democracy](#) 2011. Vandanya
4. [Waterproof: Canada's Drinking Water Report Card](#) 2011. Ecojustice
5. [Waterproof Standards](#) 2014. Ecojustice

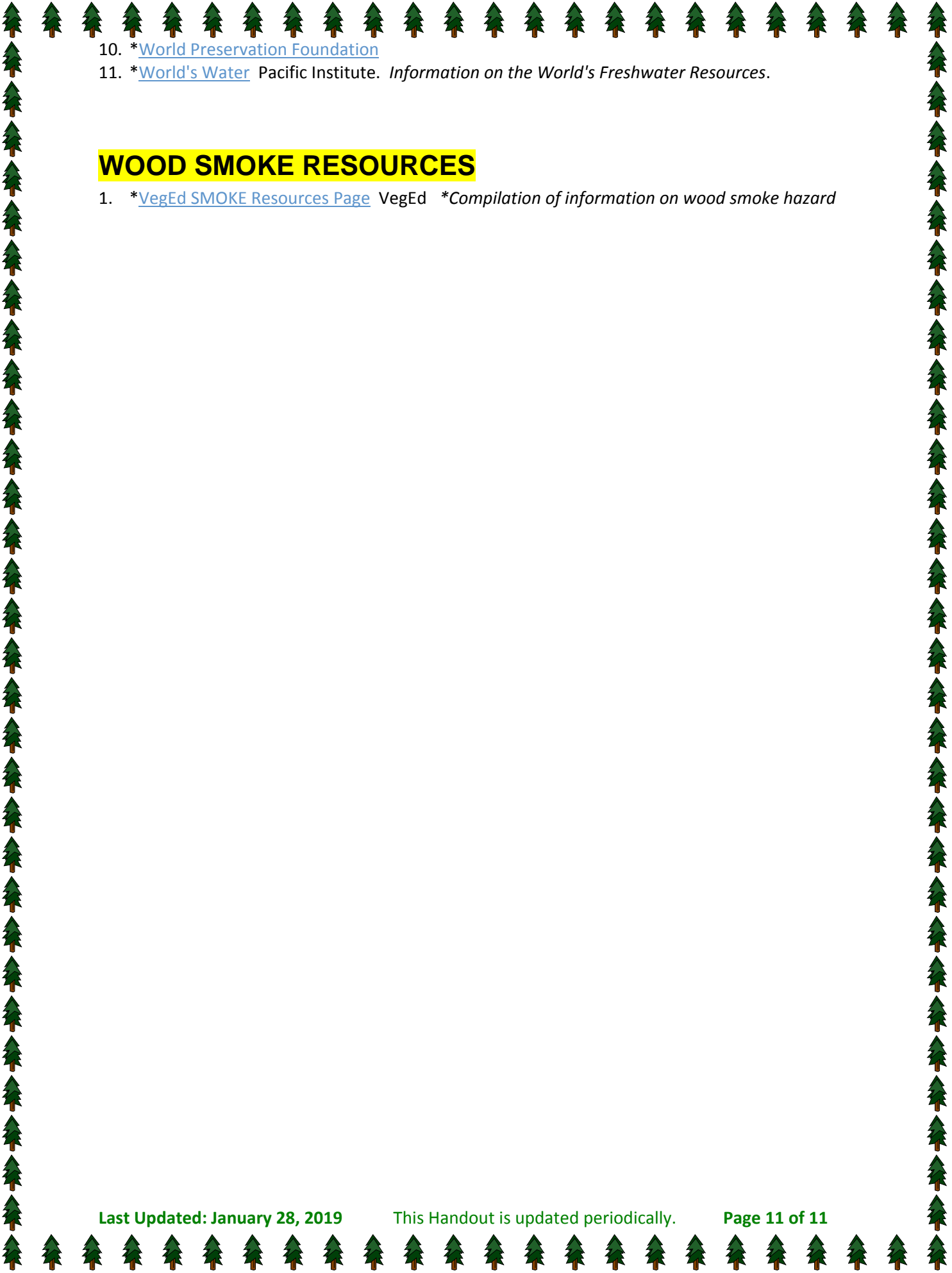
## VIDEOS

1. [Beat the Microbead](#) (2 min.) Plastic Soup Foundation
2. [Cove: Hard Truth of Mercury Poisoning](#) (Trailer)
3. [Cowspiracy](#) (Trailer)
4. [Devastating Effects of a Pig Factory Farm](#)
  - i. [Part One](#) (14 min.)
  - ii. [Part Two](#) (14 min.)
5. [Eco-Pirate – The Story of Paul Watson](#) (110 min.)
6. [Facts for Fish Eaters](#) (29 min.) Lisa Kemmerer PhD
7. [FLOW: For the Love of Water](#) (83 min.)
8. [How Our Diet Is Destroying the Oceans](#) (15 min). Richard Oppenlander DDS
9. [Inside the Garbage of the World](#) (81 min.)
10. [Paul Watson TED Talk](#) (18 min.)
11. [Plastic Soup – the Great Pacific Patch](#) (4 min.)
12. [River of Waste](#) (91 min.)
13. [Sea Shepherd's Captain Paul Watson interviewed by Bill Maher](#) (8 min.)
14. [Sea The Truth](#) (60 min.)
15. [Seaspiracy](#) (14 min.) Ali Tabrizi
16. [Synthetic Sea](#) (10 min)
17. [World without Water](#) (76 min.)

## WEB SITES

*\*Not related to diet; however contain useful general information.*

1. [\\*Aquifers in British Columbia](#)
2. [Arjen Hoekstra](#) (Professor)
3. [\\*Plastic Oceans](#)
4. [\\*Sea Around Us](#)
5. [Sea the Truth](#)
6. [Truth or Drought](#)
7. [Water Footprint](#)
8. [Water Footprints and Virtual Water](#)
9. [\\*Waterproof](#) Ecojustice

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10. [\\*World Preservation Foundation](#)
  11. [\\*World's Water](#) Pacific Institute. *Information on the World's Freshwater Resources.*

## WOOD SMOKE RESOURCES

1. [\\*VegEd SMOKE Resources Page](#) VegEd *\*Compilation of information on wood smoke hazard*