

Thank You for visiting our World Peace Diet Outreach Table!

We are raising awareness for seven Organizations that have made a positive difference to our lives. We encourage everyone to explore what they offer and teach, and also to support them. We feel that with the kind of information sharing work that these organizations do, there is truly hope for us to create a world in which people live harmoniously in good health, with no wars, and in which animals and nature thrive under a life supporting earth and climate.

If you would like to receive a **FREE** quarterly electronic newsletter, that compiles articles & videos on different facets of the vegan lifestyle, please email veged@veged.ca and ask to be put on the (blind) mailing list.

Entity & Founder <i>How have they improved our lives?</i>	Why support them?
<p>The World Peace Diet (book) Dr. Will Tuttle PhD (author) http://www.worldpeacediet.com/ <i>This book inspires people to adopt a vegan lifestyle as a personal spiritual practice (regardless of religion), grounded in deep caring for others and for all life on our shared planet. As more people go vegan, we have increased hope for planetary healing and world peace.</i></p>	<p>This work raises awareness about connections between our dietary choices and planetary suffering. Mainstream media ignore how these issues affect world peace, and Dr. Tuttle's work fills an important knowledge gap.</p>
<p>Physicians Committee for Responsible Medicine Dr. Neal Barnard MD www.pcrm.org <i>We have used many free resources on the PCRM web site, and books/DVDs by Dr. Neal Barnard, to learn about plant-based nutrition and disease prevention. These materials help us maintain our health while practicing vegan living.</i></p>	<p>Many PCRM resources are free, including the online Vegan Kickstart program. Their materials help people avert the path towards cancer, diabetes, heart disease and Alzheimers. Very worthy of support!</p>
<p>NutritionFacts.org Dr. Michael Greger MD www.NutritionFacts.org <i>Dr. Greger's site compiles nutrition studies that follow proper scientific methods, and critiques pop nutrition news stories in which scientific methods are corrupted. This helps us distinguish trustworthy nutritional advice from information that is aggressively spread into mainstream news and across the internet by commercial entities.</i></p>	<p>The web site repository of nutritional information is free on the internet, and support helps recognize the hard work and expense involved in maintaining a high quality nutritional information repository.</p>
<p>Climate Healers Dr. Sailesh Rao PhD http://www.climatehealers.org/ <i>Dr. Rao, one of the original designers of the internet, and a brilliant systems thinker, is shifting his talents to global outreach on human-induced climate change and species extinctions. His books and web site describe how earth's wild animals are going extinct as a result of what 8 billion people are eating three and more times every day, and how changing what we eat can help salvage what's left of the earth's remaining wildlife before they are wiped out in a few years.</i></p>	<p>The web site and books are gems, and worth spreading around to friends and family and politicians, to help motivate everyone to come together, through lifestyle changes, to heal our world and avert imminent wild animal, ecological, and climate collapse.</p>
<p>Moving Medicine Forward Dr. Michael Klaper MD https://www.doctorklaper.com/ <i>Dr. Klaper's education materials on his web site and in online talks have helped us learn about health promoting practices that we have applied in our lives. He is now teaching this information to medical students, in greater depth.</i></p>	<p>Dr. Klaper's initiative will help medical students learn about nutritional interventions to prevent and treat common diseases, thus averting the standard path to drugs and surgeries, and increasing everyone's quality of life.</p>
<p>RASTA Farm Animal Sanctuary Lucie Cerny https://rastarescue.org/ <i>Beside caring for rescued animals, RASTA promotes a vegan diet to end animal suffering. Animal suffering (as a result of human food choices) causes us grief and sorrow. The Sanctuary brings joy to our lives, in that we witness a group of people treating animals with kindness, something so rare in a world where most people unthinkingly condemn these poor creatures to a lifetime of suffering, for an eating style that is both unnecessary and detrimental for human health.</i></p>	<p>RASTA needs funds to build a barn, in addition to ongoing funding for animal food and vet care. They have not yet been able to raise sufficient funds for the barn, and need generous support.</p>
<p>A Home For Hooves Farm Sanctuary Michelle Singleton http://www.ahomeforhoovesfarmsanctuary.com/ <i>This sanctuary cares for abandoned farm animals. (Many suffering animals get put down because there are not enough compassionate people like this to take them and care for them.) Compassion like this warms our hearts, and brings joy and beauty to our world.</i></p>	<p>Continual funding for food, vet care, and shelter is deeply appreciated.</p>