

The *Four Viharas* for World Peace with Will & Madeleine Tuttle



Tuesday, October 15, 2024

5pm-7pm

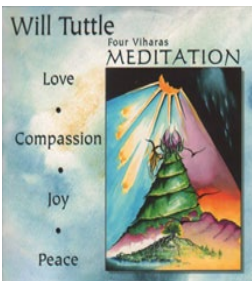
(Doors open at 4:30 pm)

Church of Truth, 111 Superior St, Victoria, BC
(Parking at Fisherman's Wharf)

Contact: veged@veged.ca
250-721-1101

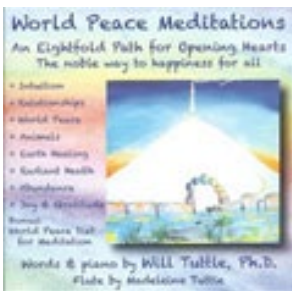
Suggested CASH Donation (at the door): \$20

Event Volunteers will offer light snacks

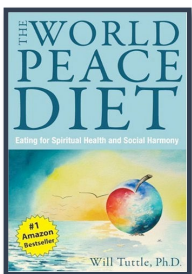


*Will & Madeleine Tuttle lead us through an uplifting evening of healing music, art and insights on the ancient practice of **The Four Viharas: Love, Compassion, Joy, and Peace**. A world-renowned Zen Dharma Master and advocate of compassion for animals, Will begins with an uplifting concert of original piano music, enhanced by beautiful images of Madeleine's art, followed by insights on cultivating a compassionate culture through the ancient practice of the Four Viharas. The evening concludes with a Q&A session, and Will leading a meditation, at the piano, of the Four Viharas.*

Event Proceeds to be offered to Will Tuttle for animal advocacy work (www.worldpeacediet.com), and to *A Home for Hooves Farm Sanctuary* (<https://www.homeforhooves.org/>) for animal care.



Dr. Will Tuttle PhD, author of the international best-seller, *The World Peace Diet*, published in 19 languages, has lectured and performed in over 50 countries. A featured expert in *Christspiracy*, *A Prayer for Compassion* and other documentary films, he's a recipient of the *Homo Ahimsa Award*, *Courage of Conscience Award*, and *Empty Cages Prize*. His doctorate degree from U.C. Berkeley focused on educating intuition and altruism, and he has taught college courses in creativity, comparative religion, and philosophy, and is a former Zen monk and Dharma Master in the Zen tradition. Author of *Food for Freedom* and *Your Inner Islands*, and editor of *Circles of Compassion* and *Buddhism and Veganism*, he's created 10 much-loved CD albums of original piano music. His inspiring presentations include his music and evocative animal paintings by his spouse, Madeleine, a visionary artist from Switzerland who is also a flautist, Waldorf teacher, organic gardener, vegan chef, and artisan.



"When playing the piano, he works from his Buddha-nature, floating, not trying, beyond mistakes."
Joseph Campbell, noted mythologist and writer

*"A profoundly insightful and important book, **The World Peace Diet** is sure to be a catalyst and powerful tool in the evolution of human consciousness."* **Satya Magazine**

"The sounds of harmony and peace fill the heart when listening to Will Tuttle's music. He is a master at recreating the deepest vibrations of the soul." **Michael Toms**, founder, New Dimensions Radio

"I've never seen an audience so attentive and enraptured as when Will Tuttle speaks."

– **Tench Phillips**, president, Art Repertory Films, Norfolk, VA

"Dr. Will Tuttle is an inspirational force. The energy and expressions that I witnessed in the room around me were monumental." – **Jerrilyn Halbert**, KPFT Radio, Houston